

Highlands The Communicator

FREE

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Everyone Welcome to Attend a Gala Night of Recognition

It's a chance for Haliburton County businesses to really shine and you are invited to attend the gala event.

On Saturday, March 29, starting at 5:30 p.m., the Haliburton Highlands Chamber of Commerce will present the Business and Community Achievement Awards at the Delta Pinestone Resort.

The annual dinner event, which was sold-out last year, honours achievements and contributions of people who live and work in Haliburton County. Up for grabs is the annual Small Business of the Year Award, Large Business of the Year award, New Business of the Year award, Not-For-Profit business of the Year award, Young Entrepreneur of the Year award, Youth of the Year

award, Highlander of the Year award and lastly, the Award of the Year which is selected by the Warden of the County of Haliburton. It will be awarded to an individual, group, team, business or organization who has shown significant achievements or have made significant contributions to the County of Haliburton in 2007.

This event is open to community members. Get your tickets now before they're all gone by contacting Charlene English at (705) 286-1760 or toll-free at 1-877-811-6111. You can also reach her by email at Charlene@hhchamber.on.ca.

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Matt Duchene Sparkles for Battalion

By Terrance Gavan

Haliburton hockey standout Matt Duchene must feel like he's stepped onto the running boards of a fast-moving, bent-for-mayhem pickup truck.

Ah, the running board.

It's a precarious perch, but offers an exhilarating perspective on life if one is able to hang on and enjoy the ride.

Matt Duchene is not only enjoying the ride, but appears to have adapted to that wobbly niche with uncommon aplomb.

Duchene is one of the most electrifying talents to emerge from the Haliburton Highlands since, well, his current teammate Cody Hodgson landed in Brampton just a year earlier.

Duchene and Hodgson both dig in at center for the Brampton Battalion in the elite Ontario Hockey League (OHL).

They moved like doppelgangers through the ranks of the Haliburton minor hockey ranks. Mirror images, continually striving beyond their years, but always within their ken.

Keen insight and an eye on the prize. Hallmarks of the champion.

It's not often that a town the size of Haliburton produces two such prodigious talents in this small spate of time.

The similarities are eerie. Both are great kids; academically sound; multi-talented; self-effacing; coachable to the max; and grounded by dint of strong family and community ties.

And no folks. It's not the water. There's something deeper goin' on here.

The intangible.

The will to push against odds, walls, catcalls, naysayers and fatigue.

With apologies to Carnegie Hall, the way to Madison Square Garden is and will always be: practice, practice, practice. As Sean Connery was wont to say in *The Untouchables*.

"Thus endeth the lesson."

And make no mistake. Duchene and Hodgson are the real deals.

Pencil in some couch time for the upcoming NHL draft telecasts.

Because Hodgson and Duchene will figure prominently in that often

gnarly selection process over the next two seasons.

Hodgson is eligible for the NHL draft this year (2008), and Duchene will be

eligible in the 2009 NHL draft pool.

Hodgson, who turned 18 on Feb. 18, was recognized as both the most sportsmanlike and top scholastic player in the annual Battalion Awards night, which was held after the Troops' final regular season game against Kingston last Sunday. A first-round pick in the 2006 OHL Priority Selection, Hodgson, now a resident of Markham, also was named the club's top scholastic player last season.

Duchene was named as the top scholastic performer on the Battalion for the first semester this year. He says that the adjustment was huge in the beginning. "Academically it's been very different for me," said Duchene, on the phone from his Brampton digs last Saturday. "It was a culture shock at first. There are 2300 kids in the school and that's the population of Haliburton. And I didn't have any of my teammates in any of my classes because I'm the youngest guy

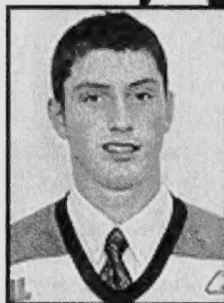
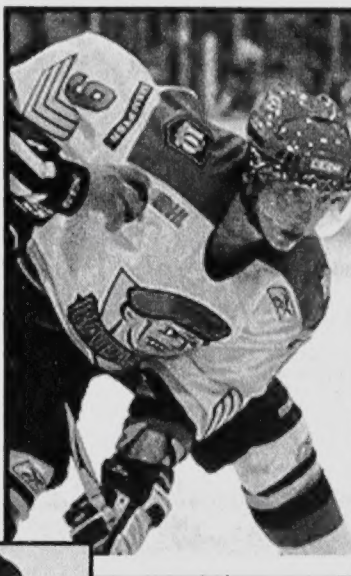
on the team."

It didn't take the gifted Duchene long, however, to adapt to his new environs. In school he's maintaining his stellar performance, and at the rink, especially in the final two games of the season, Duchene has found his window. Centers, the great ones, tend to see the game from a catbird perch. At this point in the season, Duchene has located an updraft, and seems to be viewing the action from a slot well above the rafters.

Matt scored two goals – including the game winner – and added one assist to pace the Brampton Battalion to a 5-3 Ontario Hockey League victory Sunday over the Kingston Frontenacs. That gave the Troops a club-record 23rd home win. Duchene's game-winner gives him four winning tallies for the season. Hodgson tied a Battalion record for game winning goals with his eighth clinching tally against Peterborough Petes in a game held last Wednesday (March 21).

Coach and GM Stan Butler had nothing but praise for his young

Duchene cont'd... pg. 9...



A Little Bit of Everything

Yahoo! Spring is Coming!!

Are you looking forward to Spring? Why not get your Easter & Spring fix at **A Little Bit of Everything?**

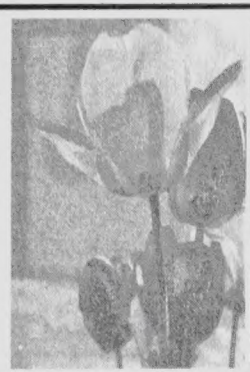
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Since the Easter Bunny is so busy, you can help him out by shopping for all your Easter needs at **A Little Bit of Everything**. We will be closed on Good Friday, March 21st. Also, our spring garden items are starting to arrive next week. Can spring be far away?

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from Debbie, Ira
& Joanne



Wind in the Willows

Spotlight

On Business

by George Farrell

Relax & Feel Good at Wind In The Willows Spa, And Acupuncture Clinic

Belief plays a very strong part in any healing process. If you believe that what you're doing is good for you, your 'treatment' has a greater chance for success. If you can see and experience testaments to your belief, then trust in that belief is solidified, and the foundation of a workable system is in place. It works that way for religion; churches and other religious edifices are testaments to the belief system. It also works that way with Spas. They are the centres that are testaments to the beliefs of physical, mental and spiritual well-being. Like a church, a well conceived spa can help to make you feel good about yourself, and feel good about the fact that you are there.

A lot of what makes a spa work has to do with the internal ambience, and in the case of country spas, the location. It also has to do with spa philosophy and management. So it is with Wind In The Willows Spa. It has the ideal location at the venerable Wigamog Resort on the shores of beautiful Lake Kashagawigamog. The internal ambience strikes just the right balance between efficiency and tranquility, and it has the ideal owner and manager in Sylvia Holland.

What makes Wind In The Willows Spa work so well involves looking a bit into Sylvia's history. She's originally from Eagle Lake, and her parents are from the Gooderham area. She is a product of our school system, and after graduation from high school Sylvia went to work at Quaker Oats in Peterborough, where she worked for a while in production. From there she

went to Imperial Oil in Toronto where for eight years she worked in the data processing department. Having experienced the big smoke, Sylvia moved back to the Highlands in the early 1970's. After her move back home she met and married husband Doug in 1975. Doug works in construction. They have 2 adult children from Sylvia's previous marriage; Kimberley, who lives in Lloydminster Alberta, and son Randall Barry, who owns a local painting and decorating business.

Some of you might know Sylvia from her days as a hairdresser at Mabel's Cut n' Curls, from her working at the front desk at the Pinestone, or her days as a real estate agent for Wrightman Realty. More likely, especially for the women, she'll be remembered for owning and operating The Village Shop for ladies clothing, in Haliburton. Sylvia ran the successful business for 10 years.

It's a bit of a stretch from that varied background to Spa owner. "I was always interested in alternative therapy," Sylvia explains. "Running to the doctor was not the first thing I did with my kids unless they were really sick. We always tried different remedies like herbal teas, castor oil packs, mustard plasters, and healthy diets. All my kids survived," she laughs.

Sylvia closed The Village Shop in 1990, at which time she became involved in alternative therapies on a full time basis. She took a course in Fenelon Falls in Reflexology, which deals with acupuncture points in the feet. "From that point on I've done nothing but study, study, study. From Portland Oregon to Newark New Jersey, and many points in between," she assures me. "It just takes you from one phase to the next." Doug apparently was very supportive, and initially Sylvia worked from the basement of the couple's house. They had another house on the property which eventually became the office and first spa. That house is just down the road from the Wigamog, and Sylvia honed her skills from that location for 7 years, building up a respectable clientele.

"The space was very tiny, but everyone loved the ambience and coziness." Sylvia longed for something bigger though, and her dream was to operate a spa out of the Wigamog. She contacted the Wigamog about available space there. The Wigamog was very interested. In today's competitive arena for upscale resorts, a spa is almost a necessity. For a long time however there

was no appropriate space available. Then, when the organization that was selling time share properties moved out, Sylvia saw her opportunity, and she moved in. "I lease the space," she says, "so this is my space," and the business is not part of the Wigamog itself. It seems to be a good fit for both concerns however, as "a high percent of my business comes from people who are staying at the Wigamog," she reveals. I also get people from the

Wind in The Willows
cont'd... pg. 6...



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Wind in the Willows Cont'd...

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other resorts like Willow Beach Cottages, the Bonnieview Inn, the Halimar and Marcus Beach Estates. I also have a lot of local clients, many who have been with me for 6 or 7 years, and it's the locals who keep us going in the shoulder seasons."

Sylvia Holland opened Wind In the Willows Spa in May of 2007, so it's still a relatively new business, coming up to the first full year of operation. "Things have gone extremely well," Sylvia says, not without some justifiable pride. "We're very happy with our first year and we're expanding services to include up to 5 day wellness retreats which will include outdoor activities like hiking, biking, cross country skiing, and taking advantage of all the facilities at the Wigamog like their indoor and outdoor pools." Of course there's always the lake at the front door, and all the activities that it has to offer, in all four seasons.

Sylvia can't do it all herself obviously, and she employs one full time aesthetician, Karen Crofts, as well as 2 part time aestheticians. Cathy Killoch is the massage therapist. Patti Johnson is the Quantum Biofeedback expert. What's Quantum Biofeedback? Call and find out.

Spas have always been for those who could afford them, and today, at-

tending a spa is not something that everyone can afford. Sylvia understands that and she says "if someone comes who can't afford extensive treatments, I take that into consideration and target the area that needs to be dealt with immediately." In this way a client may get the required treatment in a lesser number of visits, and thereby save significantly.

The system of Iridology, the reading of a person's iris to uncover their health history, was recently featured in an international glossy publication out of England. A paragraph in that article quoting Sylvia, caught my eye as a meaningful statement of part of Sylvia's overall spa philosophy. "I believe that you cannot offer beauty and anti-aging treatments without also offering wellness services to support them. Take a facial; if a client comes in with a skin condition then there is usually something going on at the nutrition level, and that's about wellness."

Spa Services

The services of Wind In the Willows Spa are too numerous to list in detail; it's best if you go to the excellent web site for additional information for each process or treatment. Here are some of the services offered.

Facials: for women, teens and men, including eye treatments.

Pedicure and Manicures: including foot massage.

Massage: back treatment, mud applications, scalp massage, sports body experience, heated stone and herbal stem massage, Aromatherapy Massage etc.

Body and Thalassotherapy Treatments: include Honey Body Polish, European Seaweed Body Treatment, Peppermint Sea Twist, Hydrating Milk and Honey Treatment for Hands and Feet.

Wellness: Acupuncture Treatment, Touch for Health, Allergy Testing, Iridology /Sclerology, Bowen Technique, Reflexology, Reflexology Hot Stone, The Aveda Head and Neck Massage.

The Ultimate Spa Treatment (60 Min) is a spa favorite. This combination of massage and reflexology addresses a wide range of symptoms and conditions as well as encouraging a higher state of well-being.

It seems incredible that Sylvia can know so much about so many different procedures, but a quick perusal of the web site will give you all of her numerous qualifications.

Wind In The Willows is divided into a welcoming reception area, a beautifully well-lit space for manicures and pedicures, a serene tea room for drinking herbal teas, snacking from the healthy and delicious spa menu, or reading and relaxing after a session. There are cozy and well-appointed private rooms for massage, and featured throughout are the works of local water colour artist Jane Miller and jewelry designer Mary Jackson.

Wind In The Willows Spa is a bit of luxury for those much deserved 'treat myself' moments. But you can also share those moments with your partner, so be sure to inquire about the Romantic Couples Massage. The spa is a perfect setting for bridal parties large or small, catering to all your spa needs. In addition the spa also offers getaway packages and workshops.

On leaving I was aware that I could only scratch the surface of everything that the Spa has to offer, as each treatment and process is a story unto itself, but I looked through the guest book and saw strong confirmation of customer satisfaction. I had forgotten my camera, and when I turned around to retrieve it, I saw a sentence written in script, high up on the wall. It said "We cannot direct the winds, but we can adjust our sails." That seemed to sum up pretty well what the spa is all about.

Wind cont'd... pg. 7...

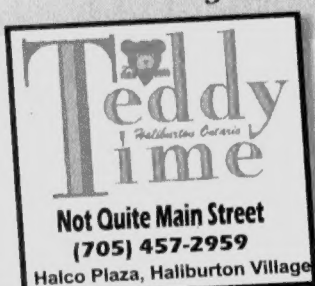


Mystery Man

To the nameless **THANK YOU** gentleman who helped me in the parking lot of Halco plaza when I was stuck in the snow on March 9th - a heart felt thank you goes out to you. And to all those people who without thought of themselves have helped people like me - bless you all!!

Sincerely; Carol Dewey.

"How beautiful a day can be
When kindness touches it!
~George Elliston



Wind in the Willows Cont'd...

Contact Information

The Wind In The Willows Spa and Acupuncture Clinic is located at 1741 Wigamog Road, RR 2 Haliburton, ON. K0M 1S0. Spa hours are 9-5 Monday to Saturday. Long Weekends and Sunday 9 'til noon. You can reach Sylvia at sylviaholland@candlelight.ca The web site is www.haliburton-spa.com Tel (705) 457-1838 or 866-457-1838

Pictured: Sylvia Holland - owner and spa director, in the Romantic Couples room; Sylvia getting client ready for a facial; Guests enjoy a drink in the tea room.

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Get Out of the Car!!

This is supposedly a true account recorded in the Police Log of Sarasota, Florida.

An elderly Florida lady did her shopping an, upon returning to her car, found four males in the act of leaving with her vehicle.

She dropped her shopping bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it!! Get out of the car!!"

The four men didn't wait for a second threat. They got out and ran like mad.

The lady, somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat. She was so shaken that she could not get her key into the ignition.

She tried and tried, and then she realized why. It was for the same reason she had wondered why there was a football, a Frisbee and two 12-packs of beer in the front seat.

She loaded her bags into the car and drove to the police station to report her mistake.

The sergeant to whom she told the story couldn't stop laughing.

He pointed to the other end of the counter, where four pale men were reporting a car jacking by a mad, elderly woman described as white, less than five feet tall and carrying a large handgun.

No charges were filed.

Moral of the story?... If you're going to have a senior moment... make it memorable.



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Young Haliburton Prospect Shines as Brampton wins Division

... from pg. 3

rookie's performance.

"I was happy for Matt," said Butler. "There was no doubt he had a lot of energy today (Sunday)."

Duchene also had a goal and two assists in a 5-0 win over Barrie on Friday night when the Troops secured the Central Division title and second seed overall in the OHL play downs.

Hockey Roots and Family Ties

Duchene was the Battalion's first-round choice, 5th overall, in the 2007 OHL Priority Selection, after a stellar 2006-07 season with the Central Ontario Wolves AAA minor midgets and Haliburton Highlands Secondary School team.

He also has some solid hockey roots. He's a nephew of Anaheim Ducks' assistant coach Newell Brown, who was a member of the 1980 Memorial Cup champion Cornwall Royals.

He started playing organized hockey with the Haliburton Muskies when he was four, and one year later joined players who were two years older, except for Hodgson, of course, who was one year ahead. He moved to the Central Ontario Wolves AAA program and played there until 2006-07.

Matt's father, Vince, has been a real estate agent in the Highlands for more than 20 years and is broker of record for Remax Haliburton Highlands Realty Ltd.

The Battalion website outlines Vince's own prodigious hockey career. "Vince was a hockey goaltender and his Minden Monarchs won the all-Ontario juvenile championship in 1984-85." Duchene says that his father and mother have often made the drive to Brampton this year to watch their son compete. "That kind of support is really nice," says Duchene. He says that a solid base of Haliburton fans will often make the trip to Peterborough when the Troops face off against the Petes.

Matt's mother, Chris, is a graduate of Queen's University in Kingston and has been a member of the teaching staff at Haliburton Highlands Secondary School since the mid-1980s. She comes by her hockey roots honestly.

She was there at the 1980 Memorial Cup tournament to watch her brother Newell Brown and his Cornwall Royals' team capture the championship.

Brampton begins Best of Seven Series Tonight

Matt says that he's hoping that the Battalion can provide mom with a little Memorial Cup déjà vu and magic this year. "We've got the potential to do really well this year, but we're working on preparing for our first series right now."

The Troops will open up their first series against Barrie tonight

(Thursday, March 20) in a best of seven tilt.

He's a novice when it comes to pressure cooker that is the OHL playoffs. But on the plus side he's playing on a line with two solid veterans. "I'm playing with Luke Lynes and Corey Emmerton. Both those guys have been drafted, and we've been playing really well together," says Duchene. Indeed,

overager Lynes, who played a 160th straight game - second-longest streak in club history - extended his club record for games played to 269 and finished the season with 21 goals and 43 assists to tally 64 points in his overage year. Emmerton moved over to Brampton from Kingston half way through the season and seems to have emerged as a force since coach Stan Butler matched him up with Duchene and Lynes. Emmerton has 25 goals and 36 assists on the season.

Duchene finished with 30 goals and 20 assists for 50 points in 64 games, tying Lukas Havel and Michael Vernace for the fifth-highest rookie point total in club history. Only Raffi Torres - now with Edmonton Oilers - scored more goals in his first season, with 35 in

1998-99.

Duchene is excited about the prospects in this seemingly all-consuming second season.

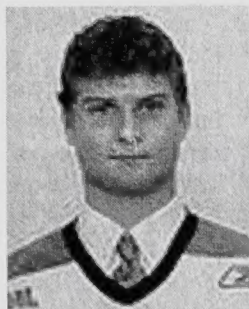
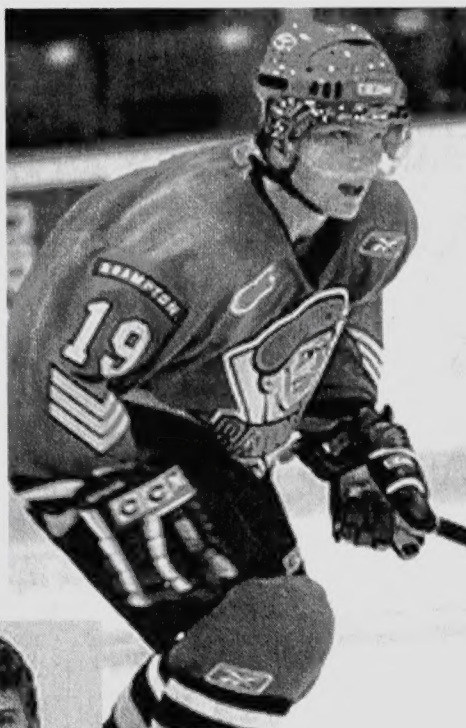
"I've heard a lot of guys talking about the playoffs and how it's a whole new season. But I'm the new guy here and I haven't experienced that yet. I'll have to wait and see what it's like. I do know that it's going to be a lot more intense than the regular season."

Of course, anyone who has watched Duchene grow in hockey and in life, between the weathered boards of Dysart et al Arena, on a panoply that oftentimes mimics life in short captivating jukes, jolts and jars, knows that intensity is the hallmark of Matt Duchene's game.

That and a peculiar penchant for riding fast on the running board of a careering, but not quite out of control pickup truck.

Late Hits: The Battalion begin their playoff odyssey tonight. The schedule for the Barrie series is listed below:

Thursday, March 20, at Brampton 7 p.m.; Saturday, March 22, at Barrie 7:30 p.m.; Sunday, March 23 at Brampton 6 p.m.; Tuesday, March 25, at Barrie 7:30 p.m.; *Thursday, March 27, at Brampton 7 p.m.; *Saturday, March 29, at Barrie 7:30 p.m.; *Monday, March 31, at Brampton 7 p.m.



**GOT
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Do The Wiggle This Year

Wiggling Down Highway 118

By Mark Arike

Local businesses along the Highway 118 corridor are doing "the wiggle."

"It's a tourism connection to promote business between Carnarvon and Tory Hill," said Erin Lynch of the Art Hive. Lynch has been involved with helping to launch this plan. "It will start at Earth and Fire Pottery in Carnarvon and will go to Artech Studios in Tory Hill," said Lynch.

Members of the Maple Lake Artisans Collective at The Art Hive are spearheading the campaign with the Haliburton County Development Corporation (HCDC). The reason it's been called "the wiggle" is because of how windy Highway 118 is.

"We're focusing on destinations to promote people to travel on that path," said

Lynch. "It's a way for us to get more people out to the businesses. It's beneficial to everyone."

Mem-

bers of The Maple Lake Artisans Collective at The Art Hive have determined that it would be mutually beneficial to all businesses located on Highway 118 to promote themselves this way, explained Sandi Luck - one of the Members of The Maple Lake Artisans Collective at The Art Hive.

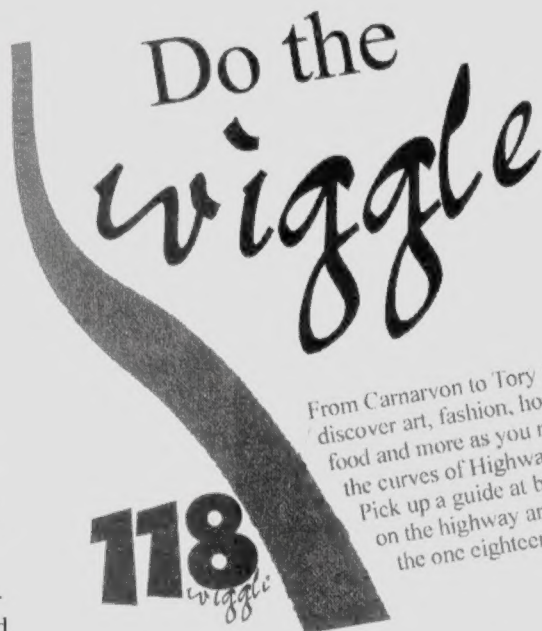
According to Luck, the goal of the pilot project is to boost business for many of the small operations who have limited funds available for promotions. Therefore, by putting these businesses on a promotional card, and promoting the 118 corridor, a year-round tour is created with information

directing the tourist to locations they might not be aware of. She figures that there are over 20 businesses located on this stretch of highway.

According to Lynch, the Art Hive received a small grant through the HCDC to get the project rolling. Any 118 "wiggle" business interested can purchase a spot for \$25, and the card will be available year-round for tourists traveling through the 118 stretch. Participants will be able to hand-out the literature themselves and the information will also be available at resorts and public information areas. They will also continue to promote "the Wiggle" through other means to entice visitors to shop on 118.

If you have a business and are interested in doing "the wiggle," contact Kim or Sandi of The Art Hive at (705) 754-0021, or email thearthive@live.ca for all the details and to see the prototype.

If you are looking for some unique shopping - be sure to 'Do The Wiggle' this year to see just what's available along this wiggle stretch of highway.



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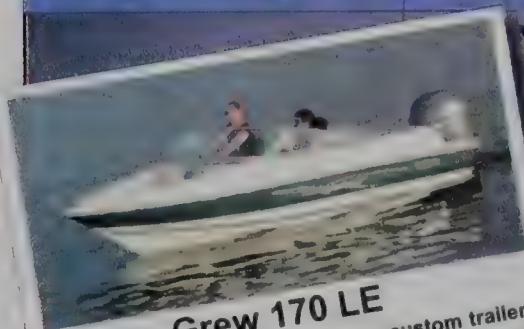
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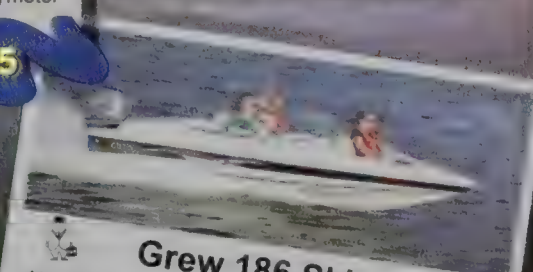
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IN THE LOCKER ROOM

By Terrance Gavan

Shakespeare Had the Right Idea

By Terrance Gavan

From the news program *60 Minutes* comes a story that quite frankly scares the jeepers out of me. It aired last week and spins the tale about an innocent man who has been in prison for 26 years while two attorneys who knew he was innocent stayed silent. They did so because they felt they had no choice.

As *60 Minutes* revealed in the chilling and bizarre piece: "Alton Logan was convicted of killing a security guard at a McDonald's in Chicago in 1982. Police arrested him after a tip and got three eyewitnesses to identify him. Logan, his mother and brother all testified he was at home asleep when the murder occurred. But a jury found him guilty of first-degree murder.

"Now new evidence reveals that Logan did not commit that murder. Correspondent Bob Simon reported that the evidence was not new to those two attorneys, who knew it all along but say they couldn't speak out until now."

Here's what John Keats once said about that.

"I think we may class the lawyer in the natural history of monsters."

Alton Logan's story is important because it serves to outline in bas-relief why people have such a natural and timeworn aversion to lawyers.

Simon reveals that Attorneys Dale Coventry and Jamie Kunz knew for 26 years that Logan was innocent. And they knew that because their client, Andrew Wilson, who they were defending for killing two policemen, confessed to them that he had also killed the security guard at McDonald's - the crime Logan was charged with committing.

"We got information that Wilson was the guy and not Alton Logan. So we went over to the jail immediately and said, 'Is that true? Was that you?' And he said, 'Yep it was me,'" Kunz recalled.

"He was pleased that the wrong guy had been charged. It was like a game and he'd gotten away with something. But there was just no doubt whatsoever that it was true. I mean I said, 'It was you with the shotgun-you killed the guy?' And he said, 'Yes,' and then he giggled," Coventry added.

The problem was the killer was their client. So, legally, they had to keep his secret even though an innocent man was about to be tried for murder.

This rankled Simon who said that if they knew they were obliged to tell. Simple, right?

"Well, the vast majority of the public apparently believes that, but if you check with attorneys or ethics committees or you know anybody who knows the rules of conduct for attorneys, it's very, very clear-it's not morally clear-but we're in a position to where we have to maintain client confidentiality, just as a priest would or a doctor would. It's just a requirement of the law. The system wouldn't work without it," Coventry explained.

Here's what Sophocles thinks about that.

"Nobody has a more sacred obligation to obey the law than those who make the law."

And here's a joke, just to lighten the mood.

If a lawyer and an IRS agent were both drowning, and you could only save one of them, would you go to lunch or read the paper?

Here's what I think about that.

Hah! That joke was worth the two hours I spent on the Internet re-searching attorney-at-large humor.

And here's the corker. Coventry and Kunz consulted their unrepentant client and got him to sign an affidavit to the effect that he had killed the security guard. Their client said that they could release it upon his death. He's popped off and down six and now Coventry, who had the affidavit in a lockbox under his bed for 26 years, is able to reveal the contents. Coventry said he thought often about poor Alton Logan imprisoned wrongfully for murder. "It bothered me... I thought about him about 250 days a year."

Here's what I think about that.

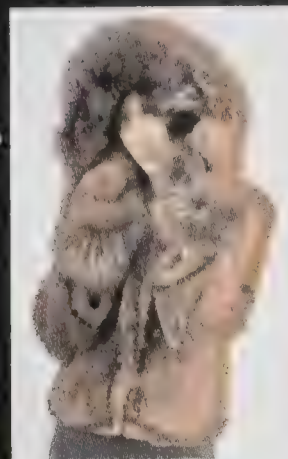
Are you freaking kidding me? There are 365 days in a year. What were you doing for those other 115 days? Giving your conscience a sabatinal at a day spa in Tahiti? By my figuring, Mr. Coventry, you owe

Locker room cont'd.... pg. 14...

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In The Locker Room cont'd...

... from pg. 13

Alton Howard about 2990 days of thoughts – give or take a few leap years. Punch that into your billable hours Texas Instrument calculator and let's count some beans shall we? At your usual \$200 per hour grunt, I'm crunching a magic number at \$14,352,000. Before interest.

Here's what Mr. Rogers would say about that; if you happened to waltz into his TV neighborhood.

"Hello Dale... can you say, *Good gracious, that's a lot of thinking I owe poor ol' Mr. Howard? And now Dale. Can you please cut poor ol' Alton a check? Attaboy Dale...I knew va' could.*"

Here's what Mark Twain once said about lawyers like Coventry and Kunz.

"To succeed in the other trades, capacity must be shown; in the law, concealment of it will do."

Here's what the other half of Tweedle Dum and Tweedle Dumber, Jamie Kunz, had to say.

"I could not figure out a way, and still cannot figure out a way, how we could have done anything to help Alton Logan that would not have put Andrew Wilson in jeopardy of another capital case."

Here's what I think about that.

And, what's your point? Do the crime, do the time.

Depressed yet? Yeah, I know, so here's another joke.

What's the difference between God and a lawyer? *God doesn't think he's a lawyer*

"Couldn't you have leaked it to somebody? To a reporter, to an admin-

istrator, to the governor, to somebody?" Simon asked.

"The only thing we could have leaked is that Andrew Wilson confessed to us. And how could we leak that to anybody without putting him in jeopardy?" Kunz replied. "It may cause us to lose some sleep. But, but I lose more sleep if I put Andrew Wilson's neck in the in the noose."

Here's what Clarence Darrow thinks about that.

"The trouble with law is lawyers."

Simon pressed on blindly, going where most mere mortals fear to tread. Into the convoluted mindset, frazzled synapse and jangled neuro-epicenter of an attorney-at-law. "He was guilty and Logan was not," said Simon. "So, yes his head should be in the noose. And Logan should go free. It's perfectly obvious to somebody who isn't a lawyer. Andrew Wilson was guilty, was he not?"

"Yes. And that's up to the system to decide. It's not up to me as his lawyer to decide that he was guilty and so he should be punished and Logan should go free," Kunz said.

Here's what Thomas Jefferson thinks about that.

"It is the trade of lawyers to question everything, yield nothing, and talk by the hour."

Here's what I think about that.

Time for another joke.

What's brown and black and looks good on a lawyer? *A rottweiler.*

"In terms of my conscience, my conscience is that I did the right thing. Do I feel bad about Logan? Absolutely I feel bad about Logan," Coventry admitted.

Here's what Oliver Wendell Holmes Jr. thinks about that.

"Lawyers spend a great deal of their time shoveling smoke."

And just for the hell of it... here's another joke.

What do you get when you cross a bad politician with a crooked lawyer? *Chelsea Clinton.*

Meanwhile Alton Logan is still behind bars. "They are quick to convict but they are slow to correct their mistakes," he said.

"All I wanted was the truth. All I want is the truth," he said.

"And the truth shall set you free," Simon remarked.

"Yes it will," Logan said.

Here's what I think about that.

I always knew that justice was blind. I now realize that's it's also deaf, witless, inane, silly, absurd, ridiculous and moribund. If this is justice at work... well, make mine a ham sandwich.

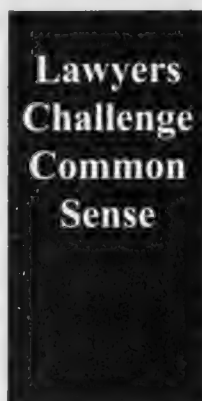
Here's what Shakespeare had to say about this whole sad and depressing state of affairs.

"The first thing we do, let's kill all the lawyers."

Here's what I think about that.

Hey... Mr. Coventry... Mr. Kunz. It's go time. Willy Shakes has made the call. Now... will that be noose, needle or nine hundred volts to noggin?

Take your time... and no dummy... you can't call your lawyer.



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1/2 cup Kraft fat-free mayonnaise
1 tablespoon reduced-sodium soy sauce
1/2 teaspoon ground ginger
2 cups diced cooked chicken breast
1 cup pea pods or snow peas
3/4 cup shredded carrots
1/4 cup chopped green onion
2 teaspoons sesame seeds, toasted (optional)
2 cups shredded lettuce

In a large bowl, combine mayonnaise, soy sauce and ginger. Add chicken, pea pods, carrots, green onion and sesame seeds, if desired. Mix well to combine. Cover and refrigerate for at least 15 minutes. Just before serving, stir in lettuce. Makes 4 (1 cup) servings.

HINT: If you don't have leftovers, purchase a chunk of cooked chicken breast from your local deli.

Each serving equals: 53 calories, 1g fat, 1g protein, 10g carbs, 343mg sodium, 18mg calcium, 2g fiber; Diabetic Exchanges: 2 1/2 Meat, 1 Vegetable; Carb Choices: 1.



by the Bashful Comic

Trucker Filling Up

A trucker came into a truck stop cafe and placed his order. He said, "I want three flat tires, a pair of headlights and a pair of running boards."

The brand new waitress, not wanting to appear stupid, went to the kitchen and said to the cook, "This guy out there just ordered three flat tires, a pair of headlights and a pair of running Boards. What does he think this place is, an auto parts store?"

"No," the cook said. "Three flat tires mean three pancakes, a pair of headlights is two eggs sunny side up, and running boards are 2 slices of crisp bacon."

"Oh, OK!" said the waitress. She thought about it for a moment and then spooned up a bowl of beans and gave it to the customer.

The trucker asked, "What are the beans for missy?"

She replied, "I thought while you were waiting for the flat tires, headlights and running boards, you might as well gas up!"

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The Haliburton County Development Corporation is pleased to announce the renewal of the Eastern Ontario Development Program.

We are accepting applications for funding from businesses, sole proprietors and organizations for activities that will support local economic development.

Need Assistance with a Community Economic Development Project?

Funding is available through the Local Initiative Program to support not-for-profit organizations engaged in community economic development projects.

Application deadline
May 5th, 2008

Interested in Hiring a Youth Intern?

Funding is available through the Youth Internship Program to assist local businesses and not-for-profit organizations in providing recent college or university graduates (up to the age of 30) with work experience.

Application deadline
April 14th, 2008

Looking for Skills Development and Training?

Funding is available through the Skills Development Fund to assist local businesses, sole proprietors, business associations and social enterprises with skills development and training for employees and owners.

Application deadline
April 21st, 2008

Guidelines and applications available on-line at:

www.haliburtoncdc.ca

or by contacting Jim or Patti at:

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Funding must be used by March 31, 2009.

All projects are funded in partnership with Industry Canada/FedNor.

Working on a Business or Marketing Plan?

Funding is available through the Business Planning Initiative to assist existing or potential local businesses, sole proprietors and social enterprises with the development of business, marketing and export plans

Application deadline
April 30th, 2008

Thinking About Developing a Vacant or Under-used Industrial or Commercial Property?

Interest free loans (with terms of up to 10 years) are available through the Access to Capital Program for businesses or social enterprises to encourage development.

Continuous intake

Service Ontario: Your Government Agency Outlet For Vital Information

Over the course of anyone's life there are many reasons to seek information that is only available through a government agency. This information can range from citizenship or passport applications, to rights for persons with a disability and care for seniors. You may need to report a home address change, or acquire a certificate for a birth, marriage or death.

It's surprising how many people are not aware of the Service Ontario office located on Highway 35 in Minden. This office is capably staffed by Gayle Clements and Christina Hudder and they are there to help you find the information you need.

Service Ontario has a myriad of pamphlets and written information you can take away with you for free, as well as a computer you can use, also free of charge, should you wish to immediately access information, or fill in a required form or application online.

The total amount of information is too great to convey here, so pay them a personal visit, or go to the excellent web site. The following is a list of some of the important information available at the Service Ontario Minden office.

Programs and Services by Subject

Agriculture and Rural Communities

Agriculture, Crops, Farm Tax Rebate Program, Foodland Ontario, Food Safety, Northern Development

Arts, Culture and Heritage

Arts, Culture, History, Museums, Galleries, Historical Buildings and sites

Business and Economy

Licensing and Registration, Business Services, Business taxes, Economic

Service Ontario cont'd... pg. 17...



Centre for Community-Based Research is hosting its annual

Celebration of Research

Saturday, March 29th

The Great Hall, Fleming College in Haliburton

1:00 ~ Keynote Speaker

Dr. Orie L. Loucks

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Community Forums & Trade Show ~ 1:40-4:00pm

***Join a forum on "Gull River Restoration" @2:00pm**

*** View poster displays of this year's research and service projects by Trent University students as well as others presented by organizations within our community**

*** Network with other researchers and community developers**

*** Refreshments provided**

For more information please contact Heather at U-Links 286-2411 or ulinks@on.aibn.com; www.ulinks.ca

Service Ontario cont'd...

... from pg. 16

Overview, Economic Development

Certificates, Licences and registration

Personal, Driver's Licence, Birth Certificate, Hunting/

Fishing, Business Registration

Citizenship and Immigration

Canada application kits and forms Citizenship test, Passport, Human Rights

Education and Training

Elementary / Secondary, Curriculum, School Boards, Post secondary, Financing, Training/Jobs

Employment and Personal Finance

Job Opportunities, Employment Standards/Equity, Taxes, Benefits, Employment Insurance, Investing

Environment and Energy

Air, Water, Natural Resources, Energy,

Parks, Fishing/Hunting, Crown Land,

Waste Disposal, Mines and Minerals

Financial Assistance and Support

Services

Unemployment, welfare, Ontario Works, People with Disabilities, Seniors,

Old Age Security, Domestic Violence, Homelessness

Health and Long-Term Care

Health Card, Community Health, Family Health, Children's Health, Addic-

tions, HIV and AIDS, Senior's Care, Telehealth Ontario

Home and Community

Housing, Building Code, Land transfer tax, Landlords, Tenants, Homeowner, Home Buyers' Plan

Justice, Laws and Safety

Courthouses in Ontario, Small Claims Court, Victim Services, Correctional Services, Public Safety and Policing, 9-1-1

Personal and Social Services

Aboriginal, People with Disabilities, Seniors, Children, Child Protection,



Ontario



Adoption, Child Care, Families

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Travel Guides, Vacation Ideas, Festivals and Events, Tours and Excursion, Fishing/Hunting, Ontario Parks

Transportation

Drivers and Vehicle, Accessible Parking Permit, Insurance, Ontario Road Map, Traffic Cameras, Road Safety

Contact Information

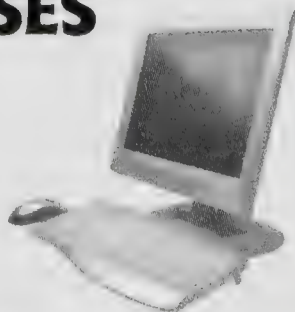
You can reach Gayle Clements or Christina Hudder at Service Ontario by phone at (705) 286-1521, Fax: (705) 286-4355, Website: www.ServiceOntario.ca The Service Ontario address is P.O. Box 820 Minden ON, K0M 2K0, and the location is 12698 Highway 35, in the same building which houses the Ministry of Natural Resources.

Pictured: Service Ontario Building, Service Ontario Logo, Ontario Logo

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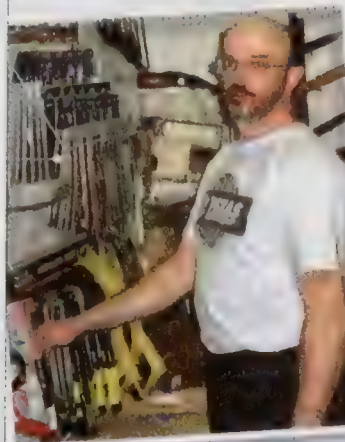
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Mark Fennell was employed as a technical service representative for a graphic arts company when he was injured on the job. Unable to return to that kind of work, Mark explored different options. Together with WSIB (Worker Safety and Insurance Board), Mark decided different employment would require some upgrading of his skills. In January 2008, he graduated from the Academic Upgrading Program of Fleming College at the Haliburton location with his ACE certificate (Academic and Career

Entrance certificate which is a grade 12 equivalency for purposes of college, work or apprenticeship), and then started a work placement at Carnarvon Castle, where his new skills were quickly put to use.

"I gained a great deal in the Academic Upgrading Program, in math, communications, and basic computers, and in confidence about what I now can do. The program played a significant role in helping me make the transition back into the workforce after my injury," says Mark.

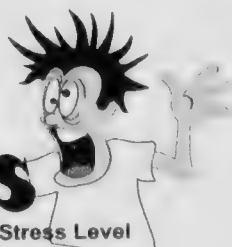
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Categorize

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Reflections from SoulWinds

by Brenda Peddigrew

Bread and Labyrinths

Anyone who ventures to read this piece with so mysterious a title is adventurous indeed. Yet, in what I am writing about here, these two are reflections of one another, as you'll see if you persevere.

When I was a growing girl, my mother would rise at 4 am every Saturday morning to make the week's bread. In those pre-dawn hours, dark and silent, with everyone in the household asleep and will little danger of drafts or small, poking fingers, she began the liturgy of transformation that is perhaps the most ancient in history: the delicate attention, though-by-thought, to yeast and sugar, flour, salt and water, that becomes the miracle of nourishment for family. By the time the rest of us rose, around 8 am on a Saturday (this was sleeping in then) we sat before plates of fresh, steaming bread with butter and molasses, enough to sustain us for the day. Sometimes – since I grew up in Newfoundland – we were given the special treat of touts: pancake-sized bread dough fried to a crispy brown on both sides, with the same delicious additions.

Only now, as an adult, watching a friend mindfully step through the magical process of making bread, have I come to a deeper awareness of the significance of bread itself, and how the making of it nurtures both body and soul. The instant expectation of everything in our culture makes bread-making a counter-cultural, even subversive activity. "No," we are saying, "no – I will not succumb to the instant, chemically preserved, mindless loaf of soggy dough." Making bread from scratch slows time, deepens awareness, gives time for love and care to become part of the mixture, the kind of energy needed more than ever in our speedy, over-filled days.

In these and other ways, bread-making is very similar to walking a labyrinth. We start at a defined place with a clear intention. The framework, the ingredients, are present. After that, it's all attention and dedication. Distraction loses you the connection with the present moment that ensures a satisfying outcome. Walking a labyrinth, you come to corners and turns that require your attention to make. Inattention risks wrong turns and confusing blocks to your journey. Making bread, the same is true, with the painful possible outcome of a fallen loaf, or a dense, unbaked lump emerging from the oven. Both bread and labyrinths are about centre: staying centred, moving to and out of the centre, dwelling in the centre for a few satisfying moments.

Watching the bread-making process taking place over a whole morning, with waiting and checking, and spraying and rising, making its delicate way towards warm nourishment, I find a particular easiness of atmosphere. We are joyous, spontaneous, unpressured, looser in expectation, jocular and tender. This bread, I think today, is a material manifestation of soul transformed.

try this: Find someone who makes bread and ask if you can be present for the whole process. Notice your responses and resistances. Or find a labyrinth and walk it slowly. better still, do both.



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Meet Dr. R.B. Fleming

Historian - Biographer & Author

The April meeting of the Haliburton Highlands Genealogy Group will take place Wednesday, April 9th in the Common Room of the Minden Hills Cultural Centre (back door). The doors open at 6pm for business and chat. The speaker at 7pm will be Dr. R.B. (Rae) Fleming, historian, biographer and author whose published works include two histories: *Eldon Connections* and *Argyle, A Pioneer Village*.



From 1996 to 2002 Rae Fleming has had five articles published in *The Beaver* and as well as articles and reviews in academic journals. He has contributed to the *Canadian Encyclopaedia* and the *Dictionary of Canadian Biography*.

The common denominator of his work is his local area of south central Ontario. He begins with a local story or a local character or event and develops his narrative from there. His book on Canadian general stores is a good example of that phenomenon: he was raised in a store so crammed with goods that it was often known as

"Little Eaton's (the once thriving department store chain) and "Little Honest Ed's" (the colourful and chaotic bargain department store in Toronto). From that general store came the idea to write a history of general stores in Canada.

Rae Fleming's topic will be "General Stores of Canada: Merchants & Memories". It should be a most interesting evening. No charge. Everyone welcome. Refreshments available. Bring & win raffle. For more information contact Gail Leach-Wunker 286-2225.



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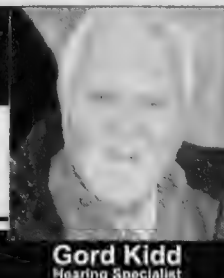
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Babysitter Training Course A six session course providing 12-17 year olds with information on the essentials for babysitting. There is a \$15 fee for the manual.

Haliburton OEYC- Tuesdays March 18 - April 22 from 4:00 pm - 6:00 pm.

Minden OEYC - Thursdays March 20 - April 24 from 4:00 pm - 6:00 pm.

Student must register as space is limited by phone 286-4625.

Parent Talk Time- Haliburton OEYC March 26 from 10:00 am to 11:30 am Nutrition - Introducing Solids with your Toddler Join Beth MacEachern and Megan Stong Public Health Dieticians from HKPR Health Unit as they provide a hands-on demonstration on introducing solids with your child. For more information please phone 457-2989.

Reminder: Both the Minden and Haliburton OEYC are closed March 21 and 24 for Easter holidays.

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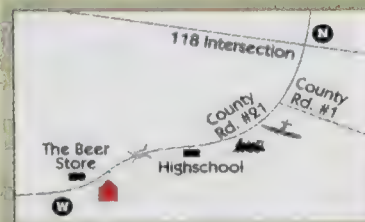
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By Mark Arike

Cash Cups for Cancer is an "Uplifting" Experience

If you thought that a bra could only be used as an undergarment, well, think again!

Purses and other works of art will be put on display when The Art Hives Crafty Girls Group holds their Cash Cups exhibit in May. The recycled materials will be auctioned off with the proceeds going to local cancer organization Cottage Dreams.

"Boob Bags" will be made starting Thursday, April 17, during an informal workshop led by textile artist Laura Trach along with the Crafty Girls Group.

"People can submit their own pieces," said Erin Lynch of The Art Hive. Anyone can donate bras and you aren't required to attend a Crafty Girls night in order to make a difference.

The Crafty Girls Group consist of all women members who meet up every third Thursday night for an informal get-together, said Lynch.

The Art Hive is encouraging artists and members of the public to exhibit personal creations made in honour of family and friends who have been affected by cancer.

The deadline for bra submissions is Friday, May 2. Entry fee to the show for non Art Hive members is \$35. The cost for members is \$10. For further details on how to make a submission or to learn more about the awareness campaign, contact The Art Hive at (705) - 754 - 0021 or by email at thearthive@live.ca.

Using used bras for another good cause



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Weekly SUDOKU

by Linda Thistle

7	5		3			4		
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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The Spats

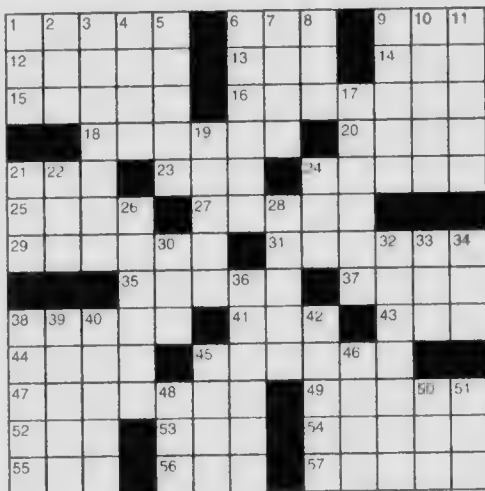
by Jeff Pickering



King Crossword

ACROSS

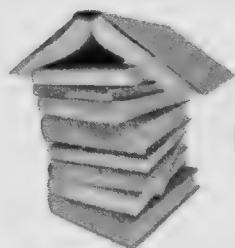
- 1 Data
- 6 Irving or Grant
- 9 Choose
- 12 Wahine's welcome
- 13 Pigeon's sound
- 14 Actor McBride
- 15 Libyan money
- 16 Hide
- 18 Pollen-producing organ
- 20 Kiln
- 21 Jackie's second mate
- 23 With it
- 24 De Mille or Moorehead
- 25 Unuttered "alas"
- 27 Wild West transport
- 29 Overlook
- 31 It may be lead or grease
- 35 Anorak
- 37 Heavy reading?
- 38 Theme
- 41 Mine car contents
- 43 Gripe repeatedly
- 44 See 20-Across
- 45 Odium
- 47 Set
- 49 Rendering dumbfounded
- 52 Smack



- 53 Dance syllable?
- 54 Musical link
- 55 Billboards
- 56 Switch places?
- 57 Artist Max

DOWN

- 1 Craze
- 2 Hogan's "American Gladiators"
- 3 Give over (to)
- 4 Just one of those things?
- 5 Jessica Parker or Michelle Gellar
- 6 Take
- 7 Werewolf's inspiration
- 8 Thither
- 9 Lindbergh's view
- 10 Aspect
- 11 Pinball infractions
- 17 Appealing to the mind
- 19 Skintint
- 21 "... was saying, ..."
- 22 Semi, e.g.
- 24 Time of your life?
- 26 Optimistic
- 28 Here and there?
- 30 U.K. fliers
- 32 Appropriate
- 33 "- Little Teapot"
- 34 Journey segment
- 36 Eucalyptus eaters
- 38 Starbucks flavor
- 39 Egg-shaped
- 40 Bivouac array
- 42 Obliterate
- 45 Physicist Otto
- 46 Basin accessory
- 48 Green (Pref.)
- 50 Greek consonants
- 51 Obtain



Book Review Recommended Reading

Reviewed by Larry Cox

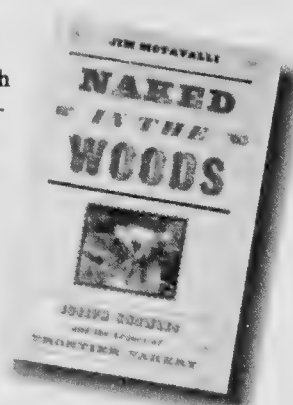
"Naked in the Woods: Joseph Knowles and the Legacy of Frontier Fakery" by Jim Motavalli

This is the strange-but-true story of Joseph Knowles, a 45-year-old part-time painter, ex-Navy man and hunting guide, who went into the woods of northwest Maine during the summer of 1913 -- alone and basically naked -- to see if he could survive for two months using only his wits. The stunt was announced with great fanfare by the Boston Post newspaper.

On Aug. 4, 1913, Knowles met with a small crowd of well-wishers near the foot of the Spencer Trail. He told them that he planned to "live off of the land" just as his ancestors had done. Although he was walking into an area teeming with bears and wildlife, the Post's description of it as a wilderness was a bit of a stretch. Even Knowles admitted that his new base near Big Spencer Lake, about 275 miles north of Boston, was surrounded by hunting and fishing camps. Nevertheless, he waved and then walked into the woods that sunny August day. Knowles sent dispatches each week written in charcoal on birch bark, which were published in the Sunday editions of the Post. As circulation soared, Knowles quickly became a minor celebrity.

When Knowles emerged on Oct. 4, he was met by 200,000 cheering fans in Boston. Then a rival newspaper, the Hearst-owned Boston American, accused Knowles of being a fake. Reporters claimed there were bullet holes in the bearskin he wore and accused him of living in a comfortable cabin while in the woods. And although Knowles was exposed as a fraud, that was not the end of his story.

Jim Motavalli, a journalist and editor of E/The Environmental Magazine, has dusted off the incredible story of Knowles and his stunt and written a fascinating book complete with photographs. He also investigates why it is so important, even today, to our American psyche to believe that a man can survive in an untamed wilderness.



It's Not Bees Who Are Creating a Buzz

Books are about to cause a buzz at the Art Hive. Starting Thursday, April 3 from 7-9 p.m., the Art Hive will be presenting Book Buzz; a book club with a difference. Each month a new artists' book will be featured for you to discover. These artists will bring their books to the Art Hive for your viewing pleasure. Books cannot, however, be borrowed.

It will also be an opportunity for you to bring in your own books for the purpose of trading with others. Each month, there will also be an opportunity to win a book or books.

This event is free to Art Hive members, but for those non-members comes at a cost of \$2. For more details, call Erin Lynch at (705) 754-0021, or send an email to thearthive@live.ca.

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Book Launch: SoulWinds: Poems of Transformation



Brenda Peddigrew is known in the County as a writer who contributes regularly to the Highland Communicator and who facilitates the Algonquin Highlands Writers' Resonance Circle bi-weekly at Club 35 in Halls Lake.

Brenda also launched her first book of poems 'When the Bones Find Their Singing Place' in June, 2006. This collection went through several printings and eventually sold 312 copies.

On Saturday, March 29, 2008, from 1-4pm at Club 35 in Halls Lake the Algonquin Highlands Writers' Resonance Circle will sponsor the launch of her second collection, SoulWinds:

poems of transformation. This event will celebrate the whole Writers' Circle, with readings of original writings by several members of the Circle before announcing and launching Brenda's book of poems. Appetizers and finger foods will be provided, and all writers and readers are invited!

The SoulWinds collection will be available for purchase. A collection of her Highland Communicator essays, called "Finding the Line" will also be published within the next year. Brenda's essays in the Communicator focus on seeing everyday nature right here in the Highlands, and linking that with the deeper truths of our human lives.

About Brenda

Brenda Peddigrew is a poet, essayist and outdoorswoman living on the Little Kennisis River in the Algonquin Highlands. She is also an international facilitator and leads workshops for facilitators as well as facilitating in the U.S. and Ireland.

Brenda Peddigrew's original home is St. John's, Newfoundland, where she received her Bachelor's degrees of B.A., B.Ed. at Memorial University. For ten years she taught high school in some remote areas of the island, which gave her a deep appreciation for the ocean's power and beauty, and a heightened respect for hardy and hardworking outport people. She then moved on to complete a Masters' degree in Pastoral Theology (specialty in counseling) at Aquinas Institute of Theology in St. Louis, MO.(1980)

Counseling and facilitating formed the next phase of Brenda's working life. She trained as a Process Facilitator with Margaret Denis and Associates of Huntsville, applying her facilitation skills to her work as Director of Adult Faith Development in the Archdiocese of St. John's, NL. After five years, she moved to Huntsville and worked full-time as a facilitator, receiving contracts from many parts of the U.S. and Canada, as well as Central America and Ireland. As a full-time traveling facilitator, Brenda worked for fifteen years.

In 2003, Brenda graduated with a Ph.D. (Humanities), specializing in Transformative Learning, from the California Institute of Integral Studies (CIIS) in San Francisco. The more steeped she became in the study of transformation, the more she felt called out into the wilderness, into nature, where transformation takes place in ways that are never ceasing. The choice to live in the Algonquin Highlands was a direct result of Brenda's transformational studies.

Here, surrounded by the mirror that is nature in every season, Brenda writes and teaches, and sometimes travels to facilitate and teach facilitation, but not often. She is adjunct professor for the University of Alberta

Brenda cont'd... pg. 33...

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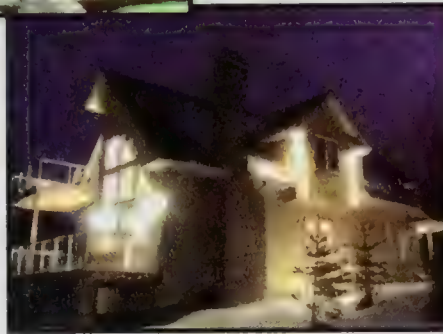
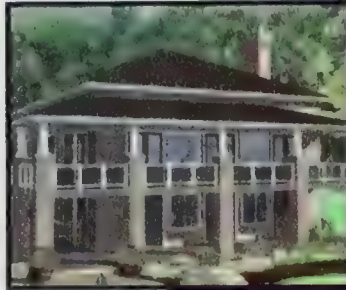
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According to developer Gerry Kowalski "Silver Beach has everything right here at our doorstep. Boating, fishing, a beautiful sand beach, walking trails, nearby golf courses, restaurants, as well as breathtaking views of the lake."

Beginning in the spring of 2008, the construction will commence on first of 36 luxury bungalows and bungalofs and 23 spacious executive style townhomes as well as a 5000 square foot Clubhouse. The homes, designed by award winning architect Ian Malcolm, boast Stone and Wood exteriors with lots



of windows for a real cottage feel.

With main floor living in mind. Master bedrooms and laundry facilities on main floors compliment the spacious open concept living, dining areas and kitchens that make for easy one level living. Generous lofts and walk-outs provide extra space for home offices, guest rooms and recreation rooms. The cathedral ceilings, open loft areas as and nine-foot main-floor ceilings add to the spacious feel.

The homes will also be some of the most high-tech homes in the province. They include amenities such as energy-efficient Hydronic

heating systems with "Zone Comfort" controls, which allows the homeowner the ability to independently control temperatures in each level of the home. As well as the tankless on-demand hot water systems, the hydronic systems allow for optional in-floor warming. The homes include an extensive telecommunication pre-wiring package to deliver telephone, high speed internet and HD satellite TV to virtually every room in the house.

High quality construction and attention to detail are first and foremost at Silver Beach.

Project manager Randall Pugh says "What you don't see inside the walls is just as spectacular as what you do see on the outside."

As for standard features, Silver Beach offers only the finest. Kowalski says, "We believe that today's buyer, whether a 50 + boomer or a modern day cottager, want that high level of luxury that includes such amenities as granite countertops, hardwood and ceramic flooring, maple or oak cabinetry, fireplaces, air conditioning, stainless steel appliances, the list just goes on and on. You have to see it for yourself."

Silver Beach Developments is now selling units in phases 1 and 2 at pre-construction prices starting at \$299,000 up to \$559,000. Townhome units range in size from 1300 - to 2800 sq. ft. and bungalow / bungalof units range from 1500 - 2500 sq. ft. plus basement.

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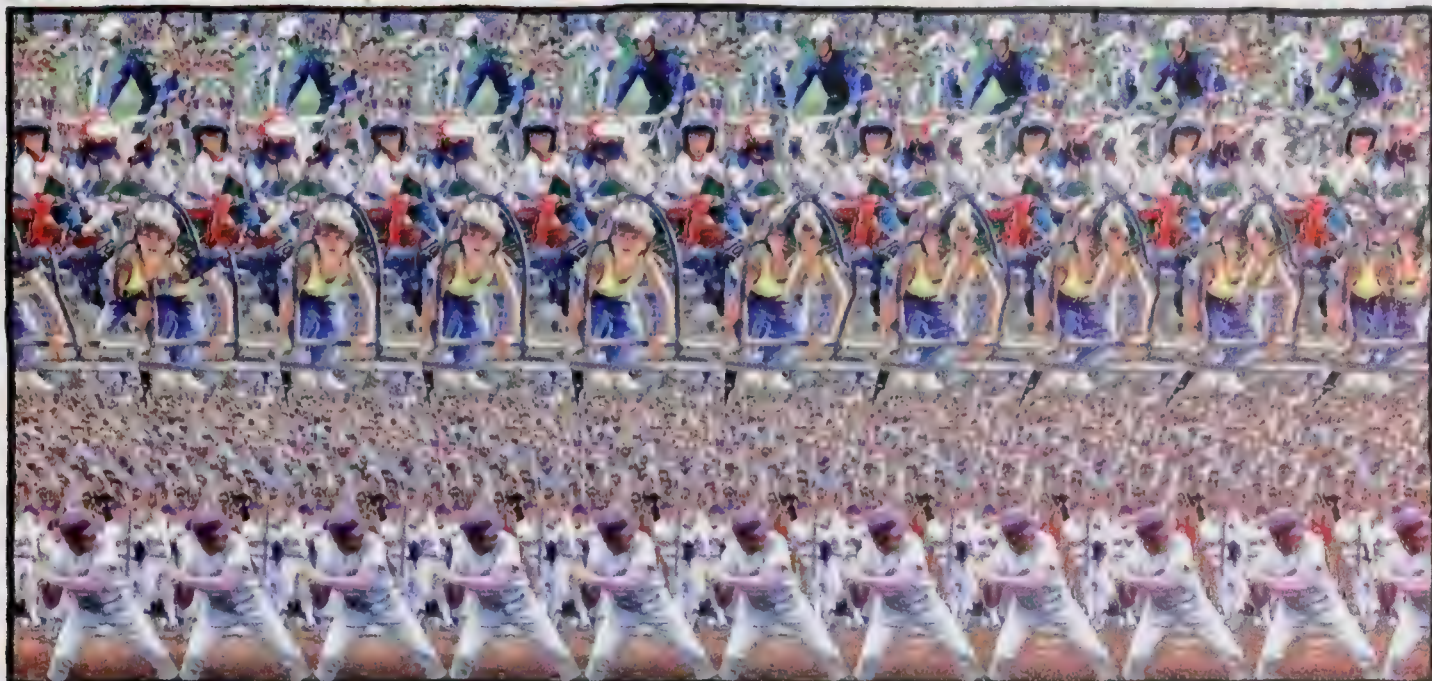
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It's Happening in Kinmount!

by Lynne Kilby

Spring is just around the corner but for many of us it cannot come soon enough. Like a giant wave effect, the poor road conditions caused by the COKL strike resulted in various repercussions felt by us all. Several times, I nearly had heart failure when unable to get my school bus up my steep road. When March break began, I received a request to remove the bus from where I had parked it because of its size. In the midst of a snowstorm I found myself faced with a situation similar to no room at the inn, I had nowhere to park the bus. I envisioned myself circling Kinmount endlessly throughout the blizzard. Thanks to Lucky Taylor of Taylor's Gas Station and Bob Tucker, manager at the LCBO who both offered some suggestions. Special thanks to Glenn & Julie Weiler of What's Your Sign, who to my relief understood my predicament, allowed me to inconvenience them by parking the bus on their premises and even gave me a ride home to boot! One good thing resulting from the strike is like the Weilers, many Kinmount folk demonstrated goodwill towards men, helping each other with frustrating problems caused by the strike. That's exactly what life in a small town should be all about. People remember things like that.

Born and raised right here in Kinmount, my father-in-law Norm (Pat) Silver, in his 86th year, passed away Feb. 27, with his family by his side. Something many people will remember about Norm is profanity was not in his vocabulary. He used substitutes like darn, dashed, dang and by the jumpin'. Norm lived in Kinmount his entire life, other than his years spent in the service during World War II and a move to Lindsay about 5 years ago. Home is where the heart is. In his memoirs of the war Norm wrote, "After two and a half years overseas, fighting in the war and narrowly escaping death, it was a wonderful feeling to be back home again in my hometown of Kinmount, Ontario." The last time Norm came up from Lindsay for a visit to Kinmount, I asked him what time he was going home, to which he replied, "I am home." Interment later in spring at Kinmount Cemetery will see Norm return to his hometown once again. There's no place like home, sweet home.

Well halleluiaah, the ice is back! Despite several obstacles, the new Kinmount Arena finally had its debut for public skating on Thursday, March 13. A good crowd turned out to enjoy a few spins around the fresh, clean arena. Bravo to all involved in seeing this project become a reality to be enjoyed for years to come.

April 10 - Kinmount Seniors Group sponsors a bi-monthly trip to Casino Rama on the 2nd Thursday of the month. The bus leaves the legion parking lot at 9:00 a.m. Enjoy a free lunch while you are there. Return time is 4:00 p.m. Bus cost is \$5.00. All welcome. To reserve your spot call Theresa at 488-1110.

Remember to call me at (705) 488-2919 or E-mail me at lynne.kilby@sympatico.ca to share news or advertise an event or activity. See you in Kinmount!!!

Ongoing activities and events:

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See Some Works of a Truly Honest Man

The Agnes Jamieson Gallery in Minden will be reflecting the works of "a gentleman."

From Thursday, April 29 – Friday, April 30, the gallery will feature 20 works they acquired in 2007 by artist Andre Lapine. Many of the pieces were donated by the Brunelle family - a family who knew Lapine personally. The exhibition is supposed to reflect the man he was through 30 very special hand-written letters.

To learn more about this event, contact Laurie Carmount at (705) 286-3763. You can also send an email to gallery@mindenhills.ca.

Andre Lapine:

Lapine was a quiet, friendly man, who was always polite and enjoyed debating politics. He was generous and often gave his paintings as gifts. Although small for a man, at 5' 6", Lapine had a style and flare. Always seen wearing a black tie, beret and sporting a mustache and goatee, Lapine was the epitome of 'an artist'.

The Lapines came to Minden in the 1940s, staying at Billy Hamilton's farm on South Lake. The Haliburton area was known to many artists as a beautiful place to visit and paint.

Lapine would have been aware of this and, since his wife was ailing and he was recovering from a serious accident, it made sense to get out of the city-to enjoy the tranquility of nature.

There are some residents in Minden who remember him walking the roads with his paint box or riding with Dr. Agnes Jamieson during her calls. She would drop him off to sketch and meet him later, on her way home. Lapine died in 1952 and is buried with his wife in the Minden Cemetery. Lapine's death was noted in many Ontario newspapers. It was Pearl McCarthy, however, who wrote much about Lapine during his time in the Toronto art scene and nicknamed the 'gentle cavalier', who best described Lapine in her article in the Globe & Mail Toronto, Ontario February 27, 1952, "Gentle Cavalier: Toronto Art Circles Lose Unique Link with Past".

André Lapine was born Andreas Christian Gottfried Lapine in Skujene, Riga, (Russia) Latvia in 1866.

An exceptional artist, André Lapine had the ability to capture an image with simple, strong strokes- as is clearly illustrated in his sketches-indicating a skilled artist who had mastered the basic techniques of drawing. His attention to detail and perfection established Lapine as the best illustrator of horses in North America.

He went so far as to create a formula, which gives step-by-step instructions of how to draw a horse in proportion.

André Lapine had come to Canada from Holland in 1905 shortly after marrying Gertrudia Columbine. Taking land in Manitoba he attempted to farm, which was either not to his liking or perhaps his passion for painting drove him to the city-it's not clear. He moved to Toronto in 1907 where he began working for Fred Brigden at [Brigden Company]. Brigden's was one of the largest commercial art studios in Toronto, creating illustrations for Simpson's and Eaton's catalogues. Lapine became very well-known for his realistic illustrations of lace and fur. His popularity quickly grew

Lapine cont'd... pg. 29...



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Lapine Had An Interesting Background

... from pg. 28

in the arts community. Lapine's work was frequently seen on the covers of the Toronto Star Weekly and in colour sections within that publication.

He became a Member of the Ontario Society of Artists in 1909. He resigned in 1910, was re-elected in 1922, and remained until 1938. He was also a member of the Graphic Arts Club, the Toronto Arts and Letters Club and a



founding member of the Canadian Society of Painters in Water Colour. By 1919, Lapine was elected to the Royal Canadian Academy. His work was selected and purchased by the National Gallery of Canada as well as the Art Gallery of Ontario.

Perhaps the true evidence of his success was his stately home on Old Mill Road and studio in downtown

Toronto. The home was custom built by Jocelyn Davidson. Photos of the home were exhibited September 5, 1930 at the Canadian National Exhibition display which included fine office buildings, schools, churches and private residences.

Tragedy occurred in 1934. Lapine was struck by a car in Toronto. His injuries were severe and it appeared unlikely he would survive. Medical bills began piling up. The situation was grim. The Mail & Empire carried the following account of the accident:

"The rather small painter, who excels in the delineation of horses, was crossing the highway near his home two weeks ago. He saw an auto coming from one direction, stepped backward and was knocked down by another car travelling in the opposite direction."

The article also mentioned that his friends were appealing for money to aid the artist in meeting his medical expenses. The Star Weekly, almost a month later, announced that a committee had been formed; headed by Sir Wyly Grier, who was then President of the Royal Canadian Academy, to organize a sale of paintings, contributed by artists in Ontario, to help pay for Lapine's medical bills. In fact, L.A.C. Panton, President of the Ontario Society of Artists, was a co-organizer of the benefit exhibition. The showing took place at the T. Eaton Fine Art Galleries and the Robert Simpson Co. under the patronage of His Honour, the Lieutenant-Governor and Mrs. Bruce and forty-one distinguished families including: Lady Baillie; Lady Eaton; Hon. Vincent and Mrs. Massey; Mrs. Lawren Harris; Col. and Mrs. J. B. MacLean; Mr. & Mrs. A. H. Robson; Dr. and Mrs. Sigmund Samuel. Lapine eventually recovered and returned to his easel. (As taken from the information given in A Dictionary of Canadian Artists, Volume 3, Compiled by Colin S. Macdonald.)

Thinking back on this event, one can only imagine the pieces of art put forward for Lapine's benefit. Artists such as: F.S. Challener, A.Y. Jackson, Franz Johnston, Arthur Lismer, Lawren Harris donated works. Over fifty artists' paintings were contributed-most, however, were priced at only \$50. In total the affair raised over \$7,000, more than enough to pay for the medical bills.

If nothing else, this fundraising event, and the efforts

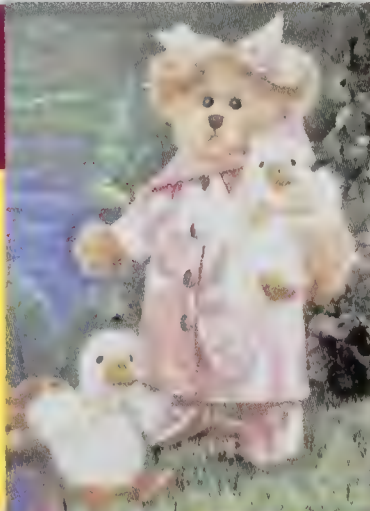
of his friends, shows how respected Lapine was in the Toronto arts community. It is interesting to note that during his time at St. Joseph's Hospital, he was treated by a young intern-Dr. Agnes Jamieson.



"Spring is when you feel like
whistling even with a shoe full
of slush."
~Doug Larson



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Can your kids afford to inherit the family cottage?

Your cottage has been a source of enjoyment for you and your family for years and one day you'd like it to belong to your children. And, since you bought it, its value has gone higher and higher. But, while it's nice to see your investment increase in value, can your kids afford to inherit the family cottage? It's an important question and not a thought that people often consider when they "selflessly" leave property for others. For example, assume you purchased a cottage in Haliburton in 1976 for \$50,000. In today's market, it is now valued at \$500,000. You also own a home in the city that you purchased for \$150,000 in 1980, which is now worth about \$350,000.

If you transfer the cottage to your children now, you are deemed to have disposed of the property at its current fair market value of \$500,000, resulting in an immediate capital gain. However, in determining the gain, make sure you have properly calculated the cost of the property for tax purposes. It may be higher than you think! The cost will be increased by any capital improvements you have made to the cottage over the years. It may also be higher as a result of electing to use up your \$100,000 capital gains deduction back in 1994.

Principal residence designation

This may not be as bad as it sounds, since all or part of the gain can be sheltered by the principal residence exemption. If you and your spouse own two residences, a home in the city and a cottage, only one of the properties can be designated as your family's principal residence each year. Before 1982, each spouse could designate a separate property as a principal residence for a particular year, provided the property was not jointly owned.

The amount of taxable gain is based upon a formula that examines the number of years you owned the property, and the number of years it has been designated as your principal residence. In the above example, you may decide to designate the cottage property as your principal residence for the majority of years you owned it. In making this designation, you will have to consider the relative appreciation of each property and the expected timing of any sale or transfer.

Based on the above, if you own a cottage property and sell your home in the city, you should not automatically assume that the gain on the city home is free of tax. Careful consideration will have to be given as to which property should be designated as your principal residence for each year.

Other issues

Based on your objectives, there are several different tax and estate planning strategies you can use to avoid or minimize the tax hit when you sell or transfer the family cottage. The key strategies are to make optimum use of the principal residence exemption and to shift any future growth in the value of the property to other family members. One of the advantages of transferring the cottage to your children now is that your tax liability is based on the cottage's current value. If you expect it to appreciate significantly in value, a transfer now may be worth considering. One of the disadvantages is that the capital gains tax must also be paid now, rather than at some point in the future. The one exception is where you choose to use your principal residence exemption to shelter the gain from tax.

You may also be reluctant to transfer the direct ownership of the cottage to your children. You may not want to lose the legal control over the property, as well as the legal right to use it. If this is the case, consider using a family trust to hold the vacation property. There is still a deemed disposition at fair market value when the property is transferred to the trust, so all of the above principal residence issues still need to be addressed.

Transfer now versus on death?

Rather than transferring the property now, you may intend to let your children inherit the property after the death of both you and your spouse. In this situation, the capital gain will be based on the fair market value of the property at that time. This will leave your children with a tax bill that will have to be paid with cash which may be difficult without selling the property or other assets. One possible solution is to purchase a "joint-and-last-to-die insurance policy" equal to the amount of capital gains tax that is likely to result. It can also be arranged to have your children pay for the premiums on a shared basis, since they will ultimately become the main beneficiaries.

Estate planning issues become more difficult where your intention is to only have some, or just one of your children, inherit the family cottage. Dealing equitably with all of your children based on unknown future values can be a daunting task. No parent wants the family cottage to become a future source of conflict. A family discussion to determine the best outcome may help prevent problems further down the road.

One of the most important financial decisions facing cottage owners today is the potential tax if the cottage is transferred to other family members. Regardless of when this occurs, this liability will arise. Obviously, there is no clear-cut answer regarding the best course of action to take. A Financial Planner can provide advice tailored to your individual situation.

Please give me a call to book an appointment to review the information touched on in this article in more detail.

Susan Lee



Susan Lee, CFP
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It's the Law

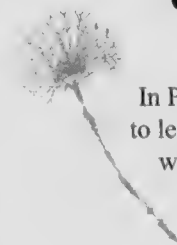
It's the Law

In Durango, it is illegal to go out in public dressed in clothing "unbecomingly" one's sex.

In Logan County, it is illegal for a man to kiss a woman while she is asleep.

Colorado

In Pueblo, it is illegal to let a dandelion grow within city limits.



CRAZY But True Law Suits

Airline Ruled Liable for Distress on Turbulent Flight

When an American Airlines flight from Los Angeles to New York encountered severe turbulence in 1995, terrified passengers were hurled from their seats, and some were sure they were about to die. Those 28 seconds of terror were worth \$2 million.

The jury in the lawsuit ruled that the airline was responsible for the psychological impact of the twenty eight seconds of terror.

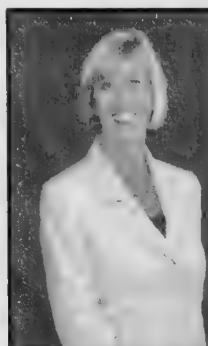
One of the lawyers for the passengers said the damages were the highest ever awarded by a jury for purely emotional rather than physical injuries in a lawsuit over airline turbulence.

Evidence presented at trial showed that the aircraft was flying at about 37,000 feet about 25 miles west of Minneapolis when it encountered a severe thunderstorm. The seatbelt sign was off.

Passengers who were not wearing seatbelts were thrust from their seats, and the plane was forced to make an emergency landing in Chicago. The suit contended that American had ample warning of the storm but failed to turn on the seatbelt sign.

Although the turbulence lasted no more than twenty eight seconds (the airline contended it was in fact much shorter than that) the passengers made it sound as if they felt it would never end. Garry Bonner of Hackensack, N.J., a singer who was a co-writer of "Happy Together" for the Turtles, testified that the plane rose and fell repeatedly, and then made a dive, as if it had lost power and was falling out of the sky. "Everybody started gasping for breath," he said. "I could hear everybody gasping."

Now \$2 million richer, maybe they're all happy together once again.



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Lange on the Law

Donald Lange

by **Donald J. Lange**
Barrister & Solicitor

Adverse Possession of Land

Adverse possession of land is possession of land similar to a squatter's right to land. It gives to a person ownership of a part of another's lands because of the way that person has used the lands for a period of time. Fenced lands relating to a surveyed property line are an example. If your fence does not run along the surveyed property line but runs over the neighbour's lands to demarcate the property line, you may have possessory title, or ownership, to that part of the neighbour's lands you are using.

A person claiming adverse possession is essentially a trespasser. To determine possession of the lands in court, a claimant must meet a threefold test: (1) actual possession of the disputed lands for a period of ten years, (2) the intention of excluding the true owner from possession, and (3) the actual exclusion of the true owner from possession throughout the ten year period. The test is a question of fact and the facts relied upon must be considered relative to the nature of the lands and the particular use and enjoyment of it being made.

A true owner defending an adverse claim may argue that the possession was not adverse because the claimant acknowledged the right of the true owner to the disputed lands. As well, an adverse claim may be defeated if there was a mutual mistake as to title or boundary lines, or if there was an honestly held belief that the claimant was the rightful owner of the lands. If you think that your rights as true owner may be at risk, you should consider instructing your lawyer to send a demand letter to the person occupying your lands to assert your legal rights to it. You should also have your lawyer check which registration system your land is registered in. Adverse possession claims accrue under the land registration system established under the *Registry Act*. However, most lands in the County of Haliburton have now been converted from the registry system to the land registration system established under the *Land Titles Act*. When that takes place, the clock stops on the ten year period needed to establish adverse possession and the conversion to land titles extinguishes any further adverse possession claim because of this.

In the next column, I will be talking about construction woes for home owners.

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"An Evening of Words, Music, Art & Wine"

It will be "An Evening of Words, Music, Art & Wine" on Friday, April 11, when the Dorset Recreation Centre plays host to the fifth annual event.

"So far we have five artists, six writers, two musicians. We also have Muskoka Lakes winery who

will be sampling cranberry wines," said Melissa Alfano, Recreation Coordinator for Algonquin Highlands.

"We've got jazz and blues musician Zoe Chilco and classical guitarist Michael Ketemer," said Alfano. Local authors, storytellers and artists displaying their work are also going to be in attendance.

The festivities will begin at 6:30 p.m. with an art walkabout. Tickets are available at the Dorset Recreation Centre for only \$6 each. If you would like to read, play music or display your art, contact the Recreation Centre at drc@vianet.on.ca or by phone at (705) 766-9968.

Gadfly

\gad-flī'n 1: any of various flies (as a horsefly, botfly, or warble fly) that bite or annoys livestock
*2: a person who stimulates or annoys especially by persistent criticism.

**Robert, the self-appointed gadfly of the city paper, wrote scathing letters to the editor whenever he felt its coverage had been inadequate or inaccurate.*

Learn A

Word

Brenda Peddigrew Cont'd...

... from pg. 23

(St Stephen's College), teaching Doctor of Ministry students online and supervising dissertations and other steps towards doctoral degrees.

But here in the County, Brenda enjoys nothing so much as an OutLoud Womyn's Tuesday practice, or walking along Old Mill Road in Halls Lake every morning, winter or summer, with Joan and Kai, their Golden Retriever. She hates to miss the bi-weekly Writers' Resonance Circle at Club 35, which she initiated and continues to facilitate. Or the every-other-week "Silent Sitting Circle" at Zion United Church in Carnarvon. Most of all, Brenda feels at peace on the property of SoulWinds, listening to the river or kayaking on its surface, or hiking the trails of the County, or biking the hilly roads of Braeloch or Big Hawk.



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CLOSED FOR SEASON- October

MAY1-MAY 24 Group Show

Meet the Artist Night-

Wed. May 7. 7:00 P.M.

Rose Pearson Painting
Jane Selbie Painting With Fabric
Tom Lambert Potter
Terry Craig Glass
Janet Donald Wright Painted Furniture

MAY 27-JUNE 14 Group Show

Meet the Artist Night-

Wed. June 4. 7:00 P.M.

Pauline Holancin/Jake Mol Paintings
Sandy Cline Stone Carving
Jan Fitch Bird Carving
Bruce Lepper Bird Carving
John Leeder Bird Carving
Barb Peel Pottery

JUNE 17-JULY 5 Group Show

Meet the Artist Night-

Wed. July 2. 7:00 P.M.

Rod Prouse Paintings
Tony Sheila Clennell Wood Fired Pottery
Paulus Tjiang Glass
Doug Stephens Stone Sculpture

JULY 8-JULY 26 Group Show

Meet the Artist Night-

Wed. July 16. 7:00 P.M.

Cassandra Watercolours
Yael Novak Pottery
Wendy Durfey Baskets
Don Taylor Books

JULY 29-AUGUST 16 Group Show

Meet the Artist Night-

Wed. Aug. 6. 7:00 P.M.

Linda McGillivray Stained Glass
Debra Jackson Acrylics
Colleen O'Reilly-
Lafferty Pottery
Andrew Kuntz Glass

AUG 19-Sept. 6 Group Show

Meet the Artist Night-

Sat. AUG. 23. 2:00 P.M.

Chuck O'Neil Paintings/Wire
Steve Hudak Pottery sculpture

SEPT 9-SEPT. 22 Group Show

Meet the Artist Night

Sat. Sept: 13. 2:00 P.M.

Wayne Cardinelli Pottery
Al Van Mil
Annette Blady Paintings
Pam Watson Willow

MAY 1 to OCT. 30

The Carole Finn Gallery is pleased to
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Susan Watson Ellis and Todd Jeffery
Ellis for the whole season

OCT. 1-OCT. 30

Meet the Artist Night

Oct. 4. Sat. 2:00

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Tour Weekends-

Oct-4 and Oct. 5

Oct. 8-To Oct. 10

The Carole
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Calling All Performing Artists!

You or your group could be putting on a show via the water

Interested in performing for an audience on a "floating stage" at a sunset concert?

Then this opportunity for performing artists at the Forest Festival might just be for you. Being held at the Bone Lake Amphitheatre on the water, the show will be for artists who can make a connection to the environment through their outdoor performances.

"It's about encouraging awareness of the environment," said Festival Manager Leslie English. Opera singers, a roots blues band and a five-piece women's tyco drums band have already signed up for the concert.

"The performance of the presenter must tie in with how their performance would positively be impacted by the surrounding environment," said English. "One of our mandates is to make people aware of the environment."

Bone Lake amphitheatre was constructed in 2006 and accommodates 500 people. It is located at the Haliburton Forest which can be reached via Highways 118, 35 and 121. At West Guilford, cross the bridge and take Country Road 7 for approximately 20 kilometres to the base camp. From there you will receive instructions to the venue.

"We'll go up with the performers to look at the site after the snow goes away," said English. She is anticipating that the event will be free-of-charge, however, not-for-profit performance

groups may accept donations.

"They could put up a donation box. We'd have no problem with that." English said that last year the organization tested "the water" with this outdoor concept.

"It went incredibly well."

The concerts will take place from Friday, Aug. 22 – Sunday, Aug. 31. For more information about the organization or to learn more about the history of the venue, visit www.theforestfestival.com.

Don't Miss The Garlic Festival

The Haliburton County Farmers' Association are once more presenting their always popular Garlic Workshop on Wednesday, April 16th at the Minden Hills Community Centre, Room # 2, at 7 PM sharp. Local Garlic Queen and King Sheila and Archie Robb, of Buckslide Road, report that the workshop will feature local garlic growers who will be able to give 'on the ground' insight in how to get started, or improve, your garlic patch. A session on cooking with garlic will also be included. For anyone who wants to know how to grow good, quality garlic in Haliburton County, whether it be in a small amount for personal use or a larger amount for resale, this will be a fun and information evening.

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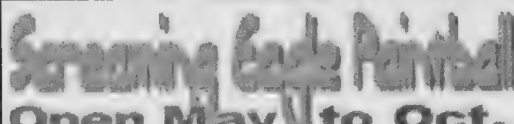
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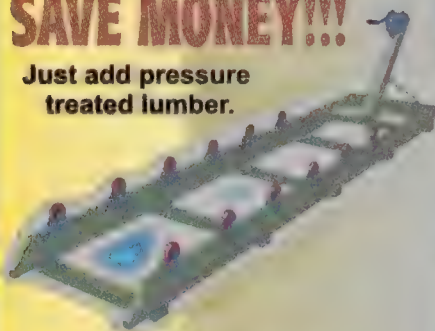


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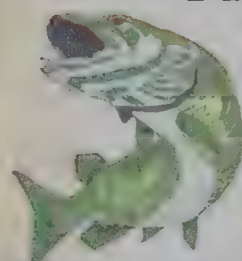
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Meet Harvey Clarke

Was He Really Responsible For Bringing The Beatles To North America???

by George Farrell

Stories for this publication come my way through a myriad of channels. Some I get from Joanne the boss, some from the other boss, my partner Michelle. Some stories I dig up myself, and quite often I get them from other divers sources. One of those sources, my son Tyson, is responsible for suggesting this profile.

Tyson has long been friends with Kelsey Clarke. Kelsey is the granddaughter of Harvey Clarke, and one day not so long ago, Tyson said that I should really do a story about Kelsey's grandfather. As Tyson understood it, Harvey Clarke was this eccentric man with one leg, who had, among many other accomplishments, squatted on his property before owning it, been responsible for the beginnings of Greenpeace, and been instrumental in bringing the Beatles to North America. Such a man I should meet, and I thanked my son for the suggestion.

Now as it turns out the information that Tyson imparted to me was somewhat erroneous; not that it was his fault. He was getting the story second-hand. As it turned out Harvey Clarke was not responsible for the beginnings of Greenpeace, was not instrumental in bringing the Beatles to North America, and did not squat on his property, though he does have one artificial leg.

Before launching into the story proper, I feel the need to acknowledge the sensibilities and beliefs of the original source, Kelsey Clarke. It might be that whatever she told Tyson about her grandfather just got misunderstood and garbled in transmission. On the other hand, the stories she understood to be true regarding her grandfather might be dear to her, and something she values in her understanding of Harvey, and I don't wish to dispel those beliefs.



I feel relieved to relate, to Kelsey in particular, that even though the information I received was not spot-on, the truth, as is very often the case, is every bit as fascinating as the understood account.

I knew the name Harvey Clarke, when it was first mentioned to me. It rang a bell in the recesses of my grey matter, though for the moment I couldn't recall the context. But with the aforementioned account from Tyson and Kelsey, I almost expected a peg-legged, curmudgeonly man to answer my knock on his door. In my minds-eye the only thing missing from the image of Long John Silver was the parrot on the shoulder.

The door swung open to instead reveal a bearded, smiling man, with the proverbial twinkle in his eye. Harvey Clarke cordially invited me in. We went to his downstairs study to conduct the interview, and the first thing that struck me were the images of sunsets displayed on his computer screen. They were images that

I recognized as being photos of his bit of Burnt

River headwaters. Most profile interviews that I conduct with people are focused on a specific; like for instance, the Canary Man of Kuskog Lake, and his story of raising and breeding canaries. I started off with Harvey by relating what I knew of him via Kelsey and Tyson. He laughed at my mis-information, and I, having my initial storyline concept go up in smoke, wondered momentarily where we'd go from there. I needn't have worried, as for the next hour and a half, I was inundated with amusing anecdotal information. So much so that the concept of a single focus quickly went out the window. It's best therefore to simply relate some of the information as it came to me, including this joke which Harvey had me read, before we began. It set the tone for the 'all over the map' interview which was to follow.

Harvey Clarke cont'd... pg. 37...



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Harvey Clarke Cont'd...

... from pg. 36

Exercise for YOU Older Adults

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 5 kg potato sack in each hand, extend your arms straight out from your sides, and hold them there as long as you can.

Try to reach a full minute, and then relax. Each day, you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10 kg potato sacks. Then try 50 kg potato sacks, and then eventually try to get to where you can lift a 100 kg potato sack in each hand, and hold your arms straight for more than a full minute (I'm at this level).

After you feel confident at that level, put a potato in each of the sacks

Harvey Clarke is originally from London Ontario. When he was 14, he moved with his family to Kitchener, where he attended high school. "I still have friends from those days," he informs me, as an aside. "Allin Brady who used to teach bird carving at the School of the Arts, lives just the other side of Haliburton. I was writing humorous pieces for the high school year book, and I also joined the radio club, but when I went on-air I started to sweat buckets, and I realized then and there that on-air wasn't for me." Writing and radio broadcasting however, would be the cornerstones to Harvey's future.

When he was just 16 Harvey worked a summer job as a bell hop and waiter on the S.S. Keewatin, a passenger boat and freighter that plied the Great Lakes, from Port McNicol to Thunder Bay. He never graduated from high school, though he's thankful to the guidance teacher who pointed him towards journalism, and suggesting that he acquire the skills of shorthand and typing.

Harvey has always been interested in music, and he played drums for the army cadets in his youth. His musical contacts in Kitchener led to his setting-up at the local Summer Gardens for the visiting big bands of Louis Armstrong, and Les Brown. Harvey tells the story too, of his dance with a very young singer by the name of Doris Day. He has many autographed big band photos from that era, displayed on the walls of his study. His brush with the stars, and his love of music would turn out to be additional building blocks that eventually helped to build Harvey's career.

Parlaying some of the knowledge gleaned from his work on the high school year book Harvey landed a job as an apprentice type setter at the Kitchener Record, a well-respected newspaper. At the Record he started to learn the intricacies of linotype and typography-more building blocks. Harvey quickly "got into selling and writing classified adds for the paper." To get ahead Harvey realized that he would need a grubstake, which he hoped would enable him to land an entry-level job with an advertising agency. He worked for a while for Carling Breweries, long enough for him to get his grubstake, and make his move to Toronto, where indeed he did end up with a job. He was employed as a production worker by the James Fisher Agency, and his career was on its way.

While working for the agency, Harvey lived in a rooming house with 4 other young men from London. One of the room mates was Don Southcott, and Harvey would on occasion, meet with Don for

drinks after work. Harvey would contact Don through the switchboard where Don worked. The switchboard operator was a young woman by the name of Ethel Evans, and it would appear that conversations with Don quickly became secondary to talking to Ethel. After 3 months of talking to a disembodied voice,

Harvey finally met Ethel, and 5 months after that the couple were married. Don was just 20 at the time, but 58 years later they're still together. Son Kevin was born in 1951, the year after the marriage, by which time Harvey was a type specialist who was producing ads for clients such as AVRO.

While perusing the classifieds one day, Harvey saw a position available for an Advertising Manager for Capital Records of Canada. The job was in London, so Harvey

Harvey Clarke cont'd... pg. 38...



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Harvey Clarke: Radio Was His Life

... from pg. 37

immediately hitch-hiked his way back to his home town, where he subsequently landed the job. His connections through Capital led to a position in promotion, at radio station CFPL in London. In the early '50 radio stations were changing format. Whereas the traditional radio programs were featuring everything from kids programming to church broadcasts and farm reports, the new direction was towards music and news. This was right up Harvey's alley, and he stayed with the station for 7 years, during which time Ethel gave birth to three more kids, Gregory, Murray and Sharon.

"My boss at the station was hired to run CKEY in Toronto, after Jack Kent Cooke sold the station," Harvey reveals. At the time CKEY, CFRB and CHUM were the big three radio stations in Toronto. "He asked me to come on up and help him," so, from 1961 to 1983, a total of 22 years, Harvey Clarke worked at CKEY, reaching the position of Vice President of Advertising/ Research. During that

time he worked along side the likes of famed DJ Dave Mickey, who eventually morphed into Dave Marsden. One of the things Harvey remembers most from those years is his work on producing the worlds longest telegram, which contained 180,000 names. The telegram was a protest to the U.S. Atomic bomb testing on Amchitka Island, of the west coast. Famous CKEY commentators Pierre Berton and Charles Templeton were involved too, and they attempted to deliver the telegram to the White House. They got as far as the gates but had to settle for giving it to President Richard Nixon's lawyer. "Each person whose name went on the telegram was charged 10 cents for the privilege," Harvey Clarke reveals. "A portion of the monies from the telegram was donated to help finance the early days of Greenpeace, through a contact of Burtons." Aha, so there's Harvey's Greenpeace connection.

During Harvey's tenure at CKEY the station managed to obtain the Canadian rights to Beatle paraphernalia; items like Beatle badges and Beatle buttons, so Harvey did indirectly have a tie-in with the fab four from Liverpool.

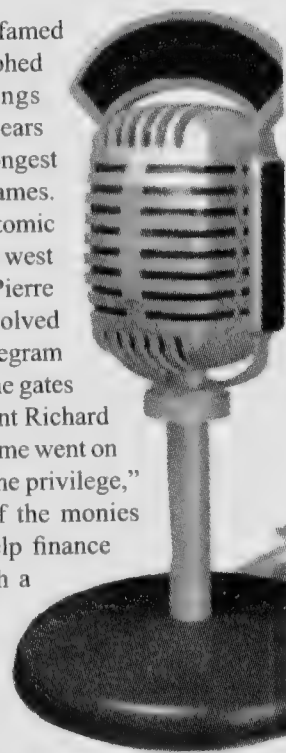
More changes were afoot in radio-land due to the granting of FM licences to AM Stations. CKEY, which at the time was owned by McLean Hunter, couldn't secure an FM licence, and it's days as an integral part of the radio music scene in Toronto were numbered. Harvey saw the 'writing on the wall,' some time before he, and other staff members were let go.

Harvey initially came to the Highlands in the early 70's to visit a friend. He loved the area so much that in the fall of '72 he purchased approximately 95 acres along the Burnt River in Donald, land that was once used to secure the debt of the old Victoria Railway. He and Ethel moved up permanently in '83. That's not to say that a man like Harvey was prepared to sit around and count chipmunks all day long. No sir. For a while he ran a collectibles business out of a couple of old school busses on the property. He also put his skills to good use by helping Murray Fearrey with a political campaign. He did features stories on the county which were aired on CHAY radio. Harvey continued the features, which informed people on Highlands happenings, for 6 years. He also covered the area for CKCO, the CTV television station which had split newscasts for the Muskoka/Haliburton areas. During this time Harvey also ran the Haliburton News Bureau, and acted "as a 'stringer' for the Toronto Star, reporting on life in cottage country."

I'd heard and seen those broadcasts, and read those reports, on more than one occasion. Suddenly it all became more clear where I knew the name Harvey Clarke, when he reveals that he also wrote the column *A View From Here*, which appeared in the Haliburton Echo, for 9 years.

Although he last worked for the Echo in '93 Harvey remembers, like it was yesterday, two of the biggest stories, "the fire at Steadman's

Harvey Clarke cont'd... pg. 39...



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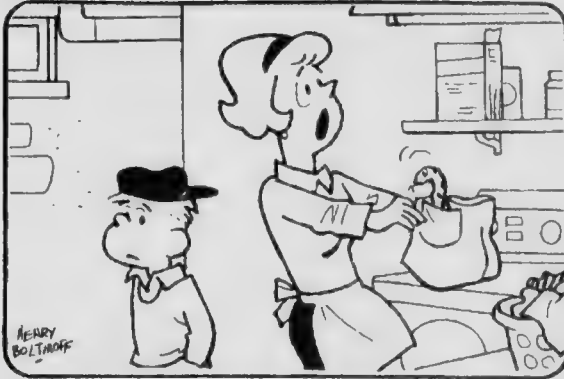
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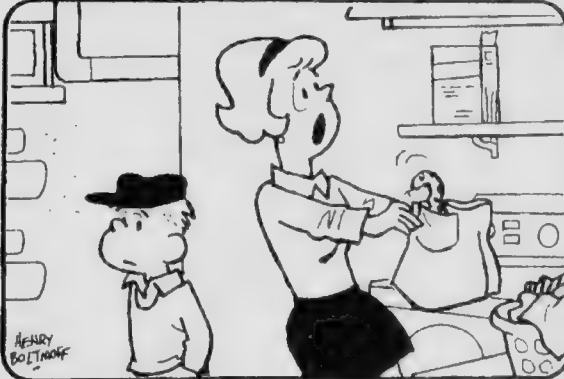
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5. There are more wall bricks. 6. Pipe is lower on wall.

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Harvey Clarke Cont'd...

... from pg. 38

on the main street, and the tornado, which went through the area."

Sure, Harvey could talk your ear off about what's happened in his life; he's led a full one after all, but he's not one to live in the past. When asked what he was doing to keep himself busy nowadays, he says "come over here." I follow him out to a room off his study, and he shows me stacks of cardboard boxes. "I've taken slides for many years," he says pointing to the full boxes, "and now I'm transposing them to disk."

Kelsey Clarke can rest assured that more stories will be coming her way from her grandfather, as every slide has its own memorable tale to tell. Harvey's biggest challenge in the future might be editing those memories.

Harvey Clarke in front of 50th anniversary plaque for Capital Records in Canada.

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Family of Champions:

by Lynne Kilby

After capturing first place in the National Hare Scramble Expert Class Race last season, local motorcyclist/dirt biker Aaron Wilkins, age 23, of the Kinmount area looks forward to the next National Hare Scramble Race, June 15 at Burnt River Off Road Vehicle Facility. This season Aaron will compete at the Master Class level where he will be challenged with more difficult skills. One skill Aaron already possesses is the ability to win a first place title even though he was hampered with a flat tire through the last 2 laps of his victory race.

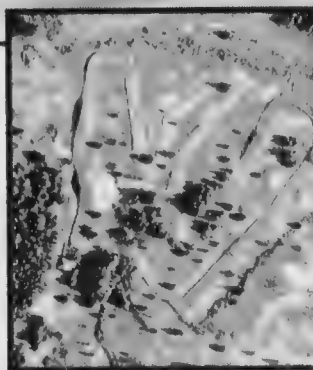
Competitive riders must be fast and physically fit to maintain a race pace for hours at a time. The closed circuit race Aaron will compete in is sanctioned by the Canadian Motorcycle Association (CMA) and consists of a 2 1/2 hour ride over a challenging 14 kilometer trail of bushy natural terrain. CMA members total almost 10,000. CMA affiliated clubs and promoters organize more than 500 activities each year.

Aaron comes by his love for the sport of racing naturally as his

From Motocross to Roller Derby - Meet The Wilkins

father Ted Wilkins raced motorcycle hill climbs in the United States. In 1999 Ted was the American Motorcycle Association (AMA) Hill Climb Pro Champion. After attending 12 to 14 races

a year with anywhere from a 6 to 12 hour drive to reach his destination Ted decided to retire from racing in 2000. Like his father, Aaron also retired from racing for a few years but after a break decided to purchase a new bike last year. Aaron now attends races and events all over southern and central Ontario.



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The Burnt River Off Road Vehicle Facility where Aaron won his title is located in a deeply wooded area near Burnt River,

on Ledge Hill Road, off County Road 121. The 2 mile long, windy driveway leads to an oasis for motocross riders. The facility offers Motocross and Hare Scramble tracks which are utilized for dirt bikes, ATV's and snowmobiles. Many public trails do not allow motocross bikes and place speed limits on ATVs, therefore, riders seek facilities such as this to get their fill of thrills with bumps, jumps and high-speed. Owners Connie and Rob Greenlaw welcome participants to their 1,000 acre property which has been in operation since 2005. Memberships or day passes are available. Contact Burnt River Off Road Vehicle Facility at 705-454-1009, 705-731-7548 (Cell), Email: mxtrack@bellnet.ca or visit www.burntriveroffroad.com for more information.

Wilkins cont'd.... pg. 41...

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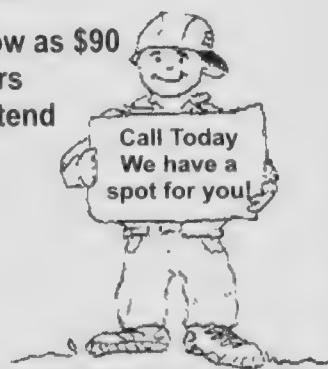
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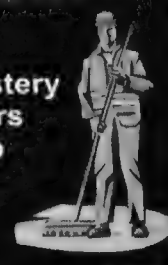
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Family of Champions cont'd...

... from pg. 40

Aaron's sister Kayla Wilkins, age 25, also inherited love for adventurous sport racing although in a slightly different manner. Kayla is the assistant captain of the Gore-Gore Rollergirls recently featured on CBC and current champions of the Toronto Roller Derby League. Kayla succeeded in winning a place on the team one year ago.



Roller Derby, a sport that rocked and rolled during the 70's is making a huge come back. The Toronto Roller Derby League is the largest flat track derby league in North America, boasting six teams and about 90 active skaters.

Like Aaron, Kayla looks forward to her next challenging season which begins May 3. Visit the website at www.torontorollerderby.com

Although wife/mother Bonnie Wilkins has no official trophy, an award for tremendous support would be well deserved. ■



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2	1	8	9	4	6	5	7	3
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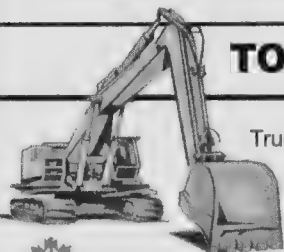
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There were 10 sams in the last issue. They were hidden in the following ads: A Little Bit Of Everything, Young Dale Fuels, Jan Knits, C.C. Enterprises, H.C.D.C., Masters, Haliburton Health Services, Wind in the Willows, Pump Shop, Country Pickins

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Crime Flashback

by Max Haines

Puzzling murder of sailor took a twist with odd items in his footlocker

How could a killer enter a naval base, avoid sentries, gain entrance to a barracks housing 60 men, seek out his victim and stab the man to death while three roommates slept in the same room?

Someone did all of this and managed to make good his escape without being seen.

The scene of the crime was room 150 in D Block at the West Coast Canadian Navy Base at Esquimalt, B.C.

Four men occupied room 150 on the night of Dec. 11, 1958, when the murderous attack took place.

Three of the occupants were awakened by the desperate cry, "Oh, God, help me!"

The three Naval Storesmen jumped out of their beds. The room was dark and much confusion ensued before one of the men snapped on a light.

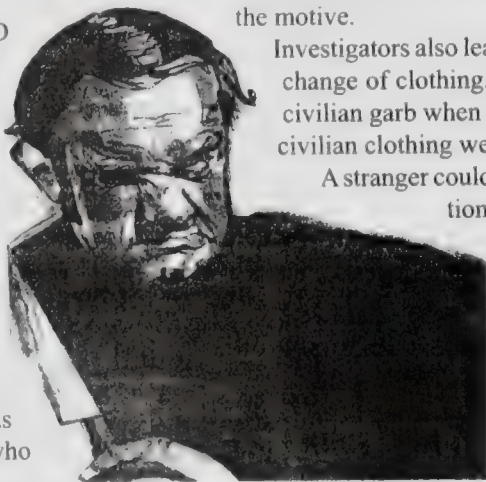
The sight that greeted the still-groggy trio was the nude body of Bud Jenkins, the fourth man who shared the room.

Bud had been stabbed in the heart. As the men stared, transfixed, an ever expanding pool of blood spread across the floor.

The three men informed a superior, who immediately sealed off the barracks and notified local police.

Initially it was believed that the killer could not have left the base, if indeed he wasn't a fellow sailor, but this avenue of the investigation soon deteriorated. Neither the sentries guarding the gates of the base nor anyone in the barracks had seen anything remotely suspicious that night.

A detective, in conjunction with a naval officer, studied the body and the crime scene.



Dead men wear lipstick

They came to the conclusion that Jenkins had been asleep when his killer had stabbed him in the heart. The fatally wounded man had sprung out of bed, taken one step and collapsed on the floor.

Jenkins' three roommates were questioned. They told the interrogators they had returned to the barracks at 11:28 p.m. The murder had taken place at 2 a.m. All three swore that they had not seen the assailant. They had heard the desperate outcry, "Oh, God, help me!", jumped up in the darkness, but evidently by then the killer had vacated their cabin. One of the men had found the light switch and had turned on the lights.

The three men were questioned separately, but no new information was garnered from them.

The death room was thoroughly searched. Money left lying about by the occupants was untouched, indicating robbery had not been the motive.

Investigators also learned that each man had at least one civilian change of clothing. Navy personnel were allowed to dress in civilian garb when on leave, which meant that men dressed in civilian clothing were a common sight at the base.

A stranger could not enter the barracks, as sentries were stationed at both entrances to record the time each man returned to his quarters. All leaves expired at midnight. Since the murder had taken place at 2 a.m., anyone attempting to enter the barracks at that time would be challenged by the sentries. They had seen no one.

Bud Jenkins was 23 years old the day the phantom killer struck. He had signed up for a three-year stint and had a little over six months to serve. Unlike his three roommates, Jenkins, a native of New Brunswick, was a bit of a loner, but he did get along with his mates. In fact, all the men in Room 150 got along rather well and all appeared to be telling the truth.

An autopsy performed on the body confirmed Jenkins had been stabbed through the heart.

The post mortem also revealed the rather startling information that the dead man had been wearing lipstick.

When Jenkins' footlocker was examined, authorities discovered a tube of lipstick, perfume and other cosmetics. All the items were

Haines cont'd.. pg. 45...

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Max Haines cont'd...

... from pg. 44

partially used. In addition to the cosmetics, police found several letters addressed to Budsie-Wudsie, written by Leo. The letters were affectionate love letters.

Detectives, realizing the investigation was now taking on a homosexual connotation, decided to question Jenkins' three roommates once more.

This time around, they put it on the line. They let the three men know about the contents of Jenkins' foot locker and the fact he had been wearing lipstick when he had been stabbed to death.

Surely men living in such close quarters would know the nature of the man with whom they were living.

The three men admitted that Jenkins' had displayed some homosexual characteristics, but vehemently stated that he had never made any homosexual overtures to them or, to their knowledge, to any other man on the base.

All three sailors said they had had their suspicions, but had no first-hand knowledge that Jenkins was a practising homosexual.

Jenkins had often told them he was planning to marry a girl named Dawn when he completed his three-year service.

When police discovered a photo of Dawn inscribed "To Bud, with all my love, Dawn," they were inclined to believe the three roommates.

When questioned about the love letters, the three men swore they knew no one named Leo.

An investigation into Jenkins' activities painted a picture of a loner who didn't confide in anyone. Detectives attempted to find out how this sailor had spent his leaves. They learned that Jenkins had once asked another sailor to a party in Victoria where there was good food and booze. The sailor interpreted the invitation as a homosexual proposition and declined.

Officers spread out over known homosexual hangouts.

They found a sailor who said that he, too, had been invited to a homosexual party by an elderly man sporting a cane and garishly dressed in spats and bowler hat. The dude could be none other than Doc Spinner, a known homosexual fashion plate who had gained something of a reputation for his "anything goes" parties.

Doc Spinner was easily traced to his home on Superior St. He answered his door in a lavish housecoat and waved a long cigarette holder as he invited the officers into his home.

When questioned, Spinner, reputed to have once been a successful

plastic surgeon in Chicago, said that at his last party an altercation had taken place.

Bud Jenkins and his friend Leo Mantha had been the combatants.

Leo lived with Spinner and had remained sulking in his room after the quarrel with Jenkins.

Investigators dashed up to Leo's room. There was Leo, the man they felt had written the love letters to Bud Jenkins.

When a long-bladed, bloodstained knife was found in Leo's room, he was taken to police headquarters for more extensive questioning.

Faced with the discovery of the knife and the realization the police had learned of his quarrel with Jenkins, Leo decided to talk.

He explained that earlier in his life he had spent 10 years in the Navy and knew how to get inside the barracks without being detected.

The reason for the murder? Jenkins had informed him that their relationship had come to an end. He had told Leo he had fallen in love with a girl named Dawn and planned to marry her when he finished his hitch in the Navy.

Leo couldn't stand to lose his lover. If he couldn't have Bud Jenkins, then no one else could have him. Rather than give up his lover to Dawn, he decided to kill him.

Leo stood trial for the murder of Bud Jenkins, was found guilty and sentenced to death.

All appeals failed.

On Jan. 28, 1962, Leo Mantha was executed by hanging.

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Strange BUT TRUE

Studies show that the average visitor to the crown jewel of the United States national park system spends just 15 minutes actually looking at the Grand Canyon.

The next time you're drinking to someone's health, you can tell your fellow imbibers that the word "toast" originated in ancient Rome. It was the custom there to put a small piece of spiced and burned bread into a cup of wine in order to absorb any sediment and improve the drink's taste.

Experts on ants claim that the insects hate vinegar.

It was American novelist, short-story writer and essayist Flannery O'Connor who made the following comment on her craft: "Everywhere I go I'm asked if I think the university stifles writers. My opinion is that they don't stifle enough of them. There's many a bestseller that could have been prevented by a good teacher."

When you picture the quintessential pirate, you imagine him with at least one gold earring, right? Ear-piercing was common among pirates, but it wasn't entirely for decorative purposes: It was claimed that it improved eyesight. That assertion was scoffed at for centuries, but it turns out there may have been some truth to it. Those who study acupuncture say that the spot on the earlobe where piercings are done corresponds to the auricular point, which controls the eyes.

Those who study such things claim that hot water weighs more than cold water does.

Only one person in history has been both president of the United States and the country's chief justice, but I won't hold it against you if you can't name him. Not many people remember much from their schoolday lessons about William Howard Taft.

Thought for the Day: "Women who seek to be equal with men lack ambition." -- Timothy Leary

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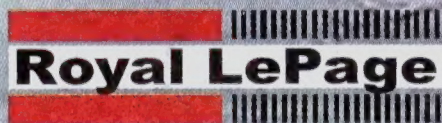
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What is your idea of the perfect building lot? Are you looking for level? Are you looking for privacy? Are you looking for a well treed lot? Are you looking for sand shore? Are you looking for a lake with miles of boating? Are you looking for a large frontage, hydro and telephone? Are you looking for a place that the whole family can enjoy? Are you looking for a place that has the driveway in and is easy to build that dream cottage on? Just imagine sitting on the dock in the morning sun enjoying that first coffee listening to the quiet you don't get in the

city, watching the family enjoy swimming, boating, fishing or getting that perfect tan. This lot is on one of the largest, cleanest lake chains (Redstone) in Haliburton County. You can have all of the above with this property having 165' of unbelievable sand beach and 66' of municipal allowance the possibilities are endless.

\$465,000.00



Are you ready to retire but still want to do something or just want to get out of the city? Do you like to cook for people? Do you love having family around or a romantic getaway? Do you like privacy? Do you like nature and nature walks? Do you like the relaxing sounds of waterfalls? This home could be it. With lots of extra space, try a bed & breakfast or just a family compound. This beautiful home sits on the edge of a river with a swimming hole and 14 acres to enjoy nature, walks and relaxation at its best. Features

also include a Jacuzzi tub and outdoor hot tub on the patio. 2 bdrms are on the lower walk out level making privacy a plus. Easy to set up a 2nd kitchen with hook-ups there. Full laundry facilities also. Don't forget the second building with a separate family area.

\$465,000.00



3525 sq ft of living space on 2 floors, 3 lg bdrms, den, 2 family rooms, living room, 2 baths, & 1 jacuzzi & shower ensuite, solid oak kitchen, dining room w/ greenhouse window effect & new skylights, access to lower level from garage also. Possible apt in lower level. New propane furnace, propane fireplace & stove, central vac, attached dbl garage, & works shed fully insulated.

\$369,000.00



Kennisis Lk (Paddy's Bay) 175 ft frontage, beautiful sand beach, natural shore line, nature lovers retreat. 3.2 acres, level lot, driveway on property. Very easy to build on this lot saving you lots of \$\$\$\$\$.

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Wow 702 ft of frontage on Kennisis Lake (Paddy's Bay) with 5.2 acres of mature forest. Driveway is in, survey, hydro, telephone are all available. Many building sites and great frontage with sand beach areas. Great investment property or build your dream cottage now.

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Approx. 800 ft of lakefront on Bitter Lake. 4 acres of nicely treed private property. Driveway onto the property by way of a deeded access from Bitter Lake Road. Hydro poles with telephone line (only) on the property. Many building sites on this large lot. Varied shoreline with some beautiful exposed granite and easy access to the water from many areas. This end of the lake is undeveloped and the lake is at capacity.

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Beautiful lot with NW exposure, sunsets, granite shoreline, deep water, great swimming. 3 bedrooms, 3pc bath, den /porch, combo living room /dining. Guest cabin. Water could be put in for winter use. Lot size 176.17 per registered plan of subdivision. New driveway will be included.

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Redstone Lake 1.5 acre gently sloping building lot on Hunter's Island with fabulous sunsets. 160 feet of frontage and 5 minutes by boat from the landing, dock & boat storage facilities available. Build your dream hideaway on this very private lot with mature trees. New cottage going in on the lot next door. Possible VTB and vendor can supply some building costs.

\$199,000.00

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